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Alyssa wins National Apra Lyric Writers Award

BY DOUG DAVIDSON

Year 13 student at Whanganui High School, Alyssa Hartley, recently won the Smoke Free Rock Quest 2023 National Apra Lyric Writers Award. She heard about it when she was rehearsing for the Whanganui Performing Arts Academy musical 'Heathers' at the Opera House, where she played the lead role of Veronica.

She says, "The band that I perform with has a group chat, and they heard about it before me. Suddenly I was receiving all these congratulatory messages. It came as a shock, as I am much more confident in singing and performing than in writing lyrics. I have also submitted lyrics for the award for the past three years."

Whanganui High School had ten bands in the regional competition

(Cullinane and Collegiate also had bands) and Alyssa won this round, with her lyrics going forward to the Nationals along with all the other regional winners. In total there were 500 nominations for the award.

Her win was announced at the National competition results in Auckland, where Rutherford Junior High Band came third, the only Intermediate band in the final ten. The award, along with the

\$500 prize, was presented to Alyssa at High School's Cultural Awards night on Wednesday, 18 October.

The High School music tutor behind Alyssa's band in the competition for the past two years is well known musician Fred Loveridge. He described Alyssa as "mature, hardworking, focussed and extremely talented."

Alyssa has been involved in music and dance since aged only three when she started studying ballet, tap, jazz as well as musical theatre. She says, "My mum (Megan) has been involved in theatre, but neither of my parents are into singing."

When the family came to Whanganui when Alyssa was nine, she started singing lessons with Lyn Whiteside and the year after, in 2015, she entered into competitions run by the Whanganui Competitions Society.

She was soon involved in drama productions, especially musicals, at Amdram, including 'The Wizard of Oz' and 'The Sound of Music.' Later

she went to the Globe Theatre in Palmerston North "for the challenge of performing with new people and to pick up more skills."

After having been Ariel for their production of The Little Mermaid, she was invited to perform in 'Frozen' in Auckland. This led to her being nominated and accepted for a Musical Tour to the USA with the 'Kiwi All Stars Travel Gang.'

This was a great opportunity. The group of young people, 13 to 18 years of age, were to travel to New York to visit Broadway shows and attend workshops, to perform in a Junior Theatre International Festival in the state of Georgia and to attend more drama and dance workshops in Disneyland in Los Angeles.

Alyssa got stuck into applying for grants and doing fundraising including a sold out 'Thank You for the Music' show, put on at Amdram by her supporters from Manawātū and Whanganui. But it was to no avail – the tour was cancelled due to Covid. There was an attempt to do something



Alyssa Hartley performing in her most recent performance in 'Heathers'

similar in Australia but that met the same fate.

Alyssa continued performing. She was the genie in the production of 'Aladdin' and then Lucy in 'You're a Good Man Charlie Brown' in Palmerston North. This required her to attend rehearsals three times a week. Fortunately, her parents have been very generous allowing her to use the family car.

In 2021, the Whanganui Performing Arts Academy was set up and Alyssa

became a founding tutor in junior drama and general singing. By now she was receiving singing lessons from Jamie Henare, music teacher at Cullinane College, who performed as Raoul in the recent local production of The Phantom of the Opera.

This year apart from performing with the High School band and in 'Heathers', Alyssa has also played the role of Rizzo, one of the main characters in Grease, per-

formed by High School. At school, Alyssa studies music ("mainly singing but I do dabble in guitar and the piano"), drama, dance, painting and English Literature.

She plans to take a year off studying next year while continuing to tutor with the Performing Arts Academy, but in 2025, she hopes to study Musical Theatre in Australia. Whanganui people will follow the progress of her career with interest and support.

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Check out what's in this week's RCP

Alyssa Hartley is a talented singer, actor and performer and now is an award-winning lyric writer (see our front-page article). She hopes to study Musical Theatre in Australia in 2025. I suspect she will become a well-known performer throughout New Zealand.



Doug Davidson
journalist@
rivercitypress.co.nz

Congratulations to the Grumpy Old Men Enterprises (G.O.M.E.) for having given away over \$400,000 in grants to local pre-schools, schools and charities. I still find it difficult to work out how you can do that by taking apart unwanted electronics and white-ware, but they have (page 3).

Congratulations also to Wanganui Road Rodders as they celebrate 50 years over Labour Weekend (pages 14 & 15).

Heritage and Collectables auctions and fairs appear to be very popular right now and so the

second annual Heritage and Collectables Fair on Monday of Labour Weekend, organised by two local Retro shops, should attract plenty of interest (page 13).

We have been having a number of giveaways recently, with two more in this week's issue. They are for the Elton John v Billy Joel concert (page 7) and for the book 'Finding Frank' (page 9). Be in to win.

- Doug Davidson

Mainstreet Whanganui launches local shopping vouchers to boost support for CBD businesses

Mainstreet Whanganui, the city's central business district association, has launched Aroha Vouchers, a new initiative to support local businesses. The vouchers can be purchased as one-offs from the Whanganui i-site or in bulk directly from Mainstreet Whanganui. The vouchers feature a neat design using local images.

"We are excited to launch Aroha Vouchers as a way to show our support for local businesses," said Des Warahi, General Manager of Mainstreet Whanganui. "We know that the past few years have been tough for many businesses, and we want to do everything we can to help them recover and thrive."

Aroha Vouchers can be used at any participating business in the Whanganui CBD. To redeem a voucher, simply present it to the cashier at checkout. Vouchers are valid for one year from the date of purchase.

"We hope that Aroha Vouchers will encourage people to shop local and support the businesses that make our city a great place to live," said Charlie Meyerhoff. "When we shop lo-



cal, we are investing in our community and helping to create a vibrant and prosperous CBD."

Benefits of Aroha Vouchers

Support local businesses: Aroha Vouchers can be used at any participating business in the Whanganui CBD. When you use an Aroha Voucher, you are helping to support local businesses and keep our community vibrant.

Convenient and easy to use: Aroha Vouchers can be purchased as one-offs from the Whanganui i-site or in bulk directly from Mainstreet Whanganui. Vouchers are valid for one year from the date of purchase and can be redeemed at any participating business.

Great gift idea: Aroha Vouchers make a great gift for friends, family, and colleagues. They are perfect for any occasion and can be used to purchase a variety of goods and services.

How to Purchase Aroha Vouchers

Aroha Vouchers can be purchased as one-offs from Whanganui i-site or in bulk directly from Mainstreet Whanganui. To purchase in bulk, please contact Mainstreet via email: info@mainstreetwhanganui.co.nz

Participating Businesses

A list of participating businesses can be found on the Mainstreet Whanganui website: www.mainstreet-whanganui.co.nz

Aroha Vouchers are a great way to show your support for local businesses in Whanganui. They are convenient, easy to use,

and make a great gift for any occasion. Purchase your Aroha Vouchers today and help to boost support for CBD businesses!

Links - your first aid training specialist



Would you know what to do if someone was injured? Links Training currently offers levels of first aid training for individuals or workplaces. Businesses are welcome to attend their public classes, all of which are NZQA assessed.

Public classes are run at venues throughout the lower North Island, including Whanganui, Palmerston North, Levin, Kāpiti, Masterton, and Wellington. The next Whanganui class is scheduled for Tuesday 7 November or Monday 4 December. This eight-hour class will enable individuals to have the skills and confidence to assist during a medical emergency.

Knowing how critical it is for electrical workers to renew their compliance on time in order to continue to practice, Links also offers electrical

compliance training. The Electrical Workers Registration Board (EWRB) requires all electrical workers to ensure their ECT CPR/BFA is current at the time of their practising licence expiry date. This training consists of four hours of ECT training with two hours of CPR and basic first aid.

As an EWRB training provider, Links in conjunction with *Upstage Electrical Training, aspires to deliver as many training opportunities as possible to meet this requirement. The next EWRB Whanganui date is Wednesday 1 November, and Links recommends booking early to secure a space. Other venues and dates can be found on their website.

Whatever your training needs, Links Training has it covered. www.links-ltd.co.nz

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'Workshop' performing at The Commercial this Sunday afternoon



Workshop was once known as 'Reset', but a couple of members have moved on and Reset was reset to 'Workshop.'

This five-piece band (the drummer is from Marton, the other four are from Whanganui including well-known musician Fred Loveridge) will be playing their third gig at The Commercial Hotel, next to Pākaitore. If the weather is good, the band will perform in the Garden Bar; if not, inside in the back bar.

There is a small cost of \$10 for a three-hour performance from 2 to 5pm on Sunday, 29 Oc-

Workshop band

tober, or as Fred prefers to call it 'Roctober.'

Workshop plays a wide range of music, mainly Roots, but also

R&B, Rock, Soul and Rhythm and Blues.

Fred says, "Come and listen. I like the Comm. It is like a pub from

the 1970s. It is a great venue — reminds me of the 70's in Wellington. An interesting place to go to."

G.O.M.E. gives out over \$400,000 in eight years



Jayne and Joleen from Birthright with Cameron, who does work experience there with member Stuart Ellis.

G.O.M.E., which stands for Grumpy Old Men Enterprises, was set up back in 2015. The Vintage Car Club had collected scrap metal and passed on the opportunity plus a small amount of money to a group of men who were determined to use it to raise funds for the community.

Their first grant was \$250 for Shine Girls made in September of that year. Since then, the grants have mounted up. In their first financial year, they donated \$4550 to the community.

On Tuesday this week, they surpassed \$400,000 in grants with a figure of \$403,000 in eight years.

Included in that amount was another \$1,000 grant to Birthright. One member said, "I see what they do. They are marvellous."

Speaking on behalf of the close to 30 members (women are welcome), Stuart Ellis pointed out that their biggest cost is "getting rid of rubbish" and would love to receive a discount from the waste station.

Their hours are "extremely flexible" but someone is there seven days a week. Generally, they are open at their base at Hinau Street, Castlecliff from 7.30 to 11.30am.

They can strip most forms of electronics and whiteware, but check just in case (Phone Jim on 027 444 7474). Circuit boards and electronic gear, in general can provide copper and gold. But there is money to be gained from pots and pans, brass, zinc, small motors, small transformers, heat pumps, washing machines and so on.

Nominations sought for Sports Hall of Fame

Nominations are being sought for the Whanganui Sports Hall of Fame for the first time since 2019.

Thirty-two outstanding Whanganui sportspeople have been inducted into the Hall of Fame since it was launched in 2008. Wrestling great Pat O'Connor, legendary jockey Brent Thomson and professional golfer Simon Owen were the last inductees announced in 2019.

A partnership with the Whanganui District Council Mayor's office and Sport Whanganui has resulted in the relaunch of the Hall of Fame this year, after a period of dormancy largely due to COVID-19 restrictions.

A panel of judges has been convened to select two new inductees with panel chair Keith Smith saying the time is right to reintroduce the Sports Hall of Fame.

"For a city the size of Whanganui our sporting legacy is second to none in this country, and we need to continue to recognise that."

"Anybody can make a nomination, with nomi-



Mayor Andrew Tripe with panel chair Keith Smith

nations generally coming from a club or an individual who is associated with the nominee. Previous nominations, though not inducted, are also still up for consideration."

Mayor Andrew Tripe says the Hall of Fame is an important avenue to recognise our outstanding athletes and coaches who are continuing to perform on the world stage. Furthermore, the Sports Hall of Fame enhances our rich sporting heritage.

"It is important we rec-

ognise the achievements of those that reach their international sporting goals and bring credit to sport in our district. I am looking forward to a range of nominations being made celebrating our increasingly diverse sporting alumni."

Nominations are open from Monday, 16 October to Friday, 24 November. Nomination forms can be downloaded from the Sport Whanganui website www.sportwhanganui.co.nz or a hard

copy picked up from the Sport Whanganui office at Springvale Park.

A formal ceremony will be held for the inductees and invited guests in March 2024. New inductees will be recognised with a photo and citation displayed alongside all inductees to the Sports Hall of Fame.

The current site of the Sports Hall of Fame at Whanganui's Cooks Gardens is being reviewed with a search for new home underway.

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Guyton Street revitalisation to kick off in November

Central Guyton Street (between St Hill and Wicksteed streets) is set to be revitalised under the Streets for People programme – by February 2024, the area will have new seating, greenery, lighting, and street art which reflects Whanganui's unique history and culture.

The intention is to create a more inviting, accessible and safer space for our community and visitors to Whanganui to enjoy.

Streets for People project lead, Diana Veitch, says infrastructure will be put in place first and street art and greenery will be added later.

"Infrastructure will be installed in mid-November, with the exact date to be confirmed based on weather forecasts. To minimise disruption to motorists and business owners, the work will occur overnight and has been timed to coincide with already scheduled road resurfacing."

Infrastructure changes will include:

- a roundabout at the intersection of Wicksteed and Guyton streets
- new raised pedestrian platforms
- extensions to existing kerb build-outs (removing a total of four car parks)
- at least two new mobility car parks.

Only two carparks will be removed per block, one on each side of the



Darni Struijck and Leslie Stead from Guyton Group Trust

road.

The project is 90 percent funded by Waka Kotahi NZ Transport Agency's Streets for People fund, which gives councils the opportunity to trial changes to streetscapes to make them more vibrant and people-friendly.

"The infrastructure for this project is designed to be easily removeable, in case anything needs to be moved or changed in response to community feedback. Everyone will have a chance to have their say on the project – we'll be collecting feedback from mid-November until May 2024."

Leslie Stead, Paige's Book Gallery owner and head of local advocacy group Guyton Street Trust, says the Trust is

extremely excited that work is about to begin to revitalise the street.

"We participated in the community co-design workshops earlier in the year and prior to that had been advocating for changes on Guyton Street for quite some time. As a business owner on the street, I know only too well how fast some cars travel up this street – it can be nerve-wracking for customers trying to cross the road, especially with the poor visibility at the intersection with Wicksteed Street.

"The redesign will slow vehicles moving through the area, making it safer for pedestrians and cyclists, so we wholeheartedly welcome the changes."

The council will share final design plans for all aspects of the revitalisation work on Guyton Street in coming weeks.

For more information about the Streets for People projects in Whanganui, including the St Hill Street public transport hub, visit the 'Streets for People' page on the Whanganui District Council website.

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Run or walk for "I Am Hope" Foundation

Bayleys are organising a Gumboot Run and Walk to raise funds for the 'I am Hope' foundation, helping to provide vital counselling services and support for young people in need. The event will take place on Saturday, 4 November, with an 11am start at Kowhai Park.

There is a small registration cost of \$5 for adults, \$2 for children and a family charge of \$10.

The Gumboot Run is more than just a walk or run. It is an opportunity for our community to come together and support mental health initiatives for New Zealand youth. All proceeds from the event will go to the Gumboot Friday and I am Hope Foundation.

The 5km route goes across the Dublin Street Bridge, down Somme Parade, across the City Bridge and back to Kowhai Park. The plan is to start meeting up by 10.30am, and after registering, keep your wristband for entry. There will be a fun warm-up event, and at 11am the runners will go first, followed by

walkers in stages.

Gumboots and dress-up is encouraged but not essential. Prams and children on bikes are welcome.

At 12.30pm there will be a Kids Dash – a short run in Kowhai Park with kids getting a certificate and a treat.

There will be other ways to raise funds for the cause. These include buying Gumboot wristbands and facepainting of gumboots in return for a donation. There will also be kid's windmills for sale, and a 'guess the number of

lollies in a jar'.

Thanks to a range of sponsors, there will be spot prizes as well as prizes for first across the line and the best-dressed participant. (advice – think singlets, and gumboots not suits and ties or dresses and hats)

Along the way, there will be refreshments and first aid stations, and at the end all participants can join in on the BBQ while listening to the live entertainment.

Bayleys are anticipating 400 participants.



Come and join the Gumboot Run on November 4



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Elton John v Billy Joel tribute act in Whanganui November 12

Donate your old tech for a better cause



Elton John and Billy Joel are among the most popular musicians in modern times selling over 450 million records between them – and having over 30 billion Spotify streams. While we will never see them play together in New Zealand, the next best thing is to listen to their music through two award-winning New Zealand musicians, Sam and Cam.

Sam and Cam came together in 2016 and debuted their show Elton John v Billy Joel for the 2022 'The Eat, Drink, Play' Festival in Wellington, winning the award 'Best in Play.'

They followed up that success by launching a 13 town/city tour throughout the country, playing to sold-out shows. They will be in Whanganui at the Royal Whanganui Opera House on, Sunday 12 November, the second to last

stop of the tour.

An early love of music and live performance saw them both in every possible musical ensemble while at school, forming multiple bands at university and then touring to Australia, Europe, Asia and the USA while also completing recording contracts, doing TV and commercial radio airplay.

After joining forces in 2016 and discovering they had a shared passion for both live performance and a love of Rocket Man and Piano Man legends, Sir Elton John and Billy Joel, they perfected their craft to produce a slick, polished show as a fitting tribute to their heroes.

Expect all your favourites from Rocketman to Piano Man, from Uptown Girl to Yellow Brick Road from Don't Let the Sun Go Down on We Didn't Start the Fire.

After their show in Napier,

The Hawkes Bay Today said:

"...both Sam and Cam were amazing singers, perfectly representing each artist, and their stage banter was the icing on top of an already great act."

You can watch excerpts of the show on Youtube. Tickets can be purchased at camandsam.co.nz/Elton-vs-billy-tickets or through the Opera House.

Win tickets

The RCP has a double pass to Elton John v Billy Joel to give away in a draw. All you need to do is send us an email at rivercitypress@xtra.co.nz, putting Elton & Billy in the subject line and giving us your daytime contact details. Alternatively, you can bring this information into our office at 52 Ingestre Street.

The draw will be made at noon on Friday, 27 October.

TechBros is a new company of eight young people with three of them located here in Whanganui with the others in Wellington and Christchurch. Much of their work involves creating web pages and the development of social media pages for businesses. But they also do online coaching, assisting elderly people with tech stuff and working with parents about online safety for children and parental controls.

Alex McPherson admits that he came to Whanganui because that is where his girlfriend was living (but he loves the place), says "we spend time explaining and educating. It is possible that in the future, we might have a public session. We are the new generation of tech experts."

Currently, they are working out of the back of a garage (so did Steve Jobs and Steve Wozniak, who founded Apple), and as Alex says, "It suits us and the work we do, and we have no landlords." They had plans to set up stores in Whanganui, Christchurch and Hamilton but decided to delay that development in the days of

ram raids.

But they do have space to collect your old tech stuff, repair as much as they can and "put it in the hands of those that need it most."

They accept most things apart from TV (they have too many). The list includes old gaming PCs, laptops, Playstation/Xbox/Nintendo consoles, games, headsets, controllers and accessories. Moving on, they also accept unused or damaged phones, tablets and devices that they can repair.

Alex explains while most of the items can be repaired, it does depend on what parts are needed. To get replacement parts



Gift your old technology to Techbros, rather than put it into landfill

from overseas is becoming very expensive. But they do salvage parts that can be used in other devices. Before donating, contact them at donate@techbros.nz.

Pottery Art in the Garden event

The Whanganui Potters Society is planning its annual 'Art in the Garden' event for the weekend of December 2/3 in Pauls Road. It used to be held earlier in the year but after being rained out the last couple of years, the group has decided to run it later this year.

The event is an opportunity for the society to raise some funds, but also an opportunity for members to sell their pottery to the general public.

There will be all types of pottery, from homeware (mugs, cups, plates), ornaments, vases, trinkets and garden art.

Members will be making pottery mugs,

and the public can buy one, paint or glaze it and then have it fired in the kiln. When it is ready, they can use to drink tea or coffee on the spot. There will be raku firing demonstrations especially for children.

And while talking about young people, there will be a bouncy castle as well as a sausage sizzle.

Other artists have been invited to also showcase their paintings, which will be housed in an 'artist's barn' under cover. There will be outdoor furniture — benches and garden furniture for sale as well as some glassware. Something for everyone. Put the event into your diaries.

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Men's major health risks Movember helping to raise awareness to stop men dying prematurely

Prostate Cancer
Your risk of developing prostate cancer increases with age, but that doesn't mean it's a disease that only affects old men. Prostate

cancer is the second most common cancer in men worldwide. Men who have a family history (a brother or father with prostate cancer), are 2.5x more likely to

get prostate cancer. If you're 50, you should be talking to your doctor about PSA testing. If you have a brother or father with prostate cancer in their history, do it at 45.

Testicular cancer
Testicular cancer is the most commonly diagnosed cancer in young men in New Zealand. At greater than 95%, the odds of survival for men are better than good – but for some men, long-term treatment-related side effects, mean quality of life is severely compromised.

Suicide
Stronger social connections can reduce the risk of suicide. That means more men talking about stuff that really matters.

Being a man of more words isn't about dialling up the banter. It's about carving out space for meaningful chats about the bigger stuff in life. From talking about the kids, the bills, a new job or a setback – the right conversation can make all the difference to a mate who might be struggling. If we all dig a little deeper, we can help prevent more men from reaching a crisis point.

"Our fathers, partners, brothers and friends are facing a health crisis, yet it's rarely talked about. Men are dying too young. We can't afford to stay silent."

Movember combines 'mo' for moustache and November and is an annual event in a wide range of countries involving the growing of moustaches during the month of November to raise awareness of men's health issues,

such as prostate cancer, testicular cancer and men's suicide.

By encouraging men, or 'Mo Bros' to get involved, Movember aims to increase early cancer detection, diagnosis and effective treatments and ultimately reduce the number of preventable deaths. The goal is to "change the face of men's health," by reducing the number of men dying prematurely by 25% by 2030."

Besides annual check-ups, the Movember Foundation encourages men to be aware of family history of cancer and to adopt a healthier lifestyle.

Since inception in 2004 it has raised \$837 million and funded over 1,200 projects in more than 20 countries. Apart from New Zealand, other countries such as Australia, Ireland, Canada, Czech Republic, Denmark, El Salvador, Spain,

the UK, Israel, South Africa, Taiwan and the USA, have run Movember events. By 2012, Movember became one of the world's top non-government organisations.

Fundraising

Funds raised during Movember go towards supporting innovative world-class men's health projects in key focus areas – prostate cancer, testicular cancer, mental health and suicide prevention. These projects are funded either directly by the Movember Foundation or through men's health partners.

Different ways to raise funds

1. Grow a moustache and get sponsorship. Whether your moustache is patchy, lopsided, itchy or epic – whatever Mo you grow this Movember, your face will raise funds and awareness for men's health.
2. Run or walk – run or walk 60km over the month. That's 60km for the 60 men we lose to suicide each hour, every hour across the world.
3. Host. Rally a crew and do something fun and easy, virtual or in person. Hosting is all about having a good time for a good cause.
4. Whatever – whether it's a gruelling test of physical endurance or some other wildcard idea. Whether it's a day, over several weeks or across the year – take whatever Mo Your Own Way means to you and run with it.

Get ready to grow



Start Movember clean-shaven. Then start growing. The moustache is a powerful symbol that stands for healthier men and a healthier world. Let it mesmerise and be spellbound, so you can start life-saving conversations about men's health.

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REVIEW: Finding Frank book review

By Louise Maich, produced by Bateman Books
Reviewed by Doug Davidson

Frank Erceg was a New Zealand deer hunter, mountaineer, photographer and also author, Louise Maich's uncle. However, Fran died in a helicopter accident while deer hunting in 1965, when Louise was just a pre-schooler and as she says, "He always appeared as a handsome adventurous uncle who died tragically and of course someone I wished I had known."

She had made up for that lack of personal knowledge by contacting anyone and everyone — family and anyone who knew Frank during his all too short life, through family research, letters, compelling recollections and yarns from Frank's contemporaries — the last of the great hunters of that era.

Finding Frank is over 300 pages and comes complete with maps, thorough references, and a good index, as well as plenty of illustrations, including some taken by Frank himself.

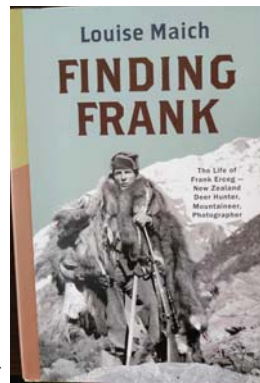
For anyone interested in the early days of deer hunting and mountaineering, mainly in the South Island, especially the Arahata Valley in South Westland, the stories of

life will resonate. Frank and his mates were tough — very tough — but in Frank's case, at least, sensitive as well.

The story of Frank's parents is as dramatic. Petar Erceg had come to New Zealand as a 19-year-old from the old Yugoslavia in 1913 and soon enlisted in the New Zealand army in 1915. After being wounded and experiencing mustard gas, he returned to his native village to marry Anka.

They settled in Aukopae a tiny settlement 24 km west of Taumarunui, where Petar was employed as a roadman for the area. They had eight children. It would be difficult to find a more isolated place and perhaps inevitably, there was domestic violence, which eventually came to a tragic end.

It is a well written, beautifully designed and illustrated book with Louise's passion for her unknown uncle shining through.



Chance to have your say in Horizons freshwater reforms

Horizons Regional Council is hosting meetings across the region, including Whanganui, to inform communities about the freshwater reform process. Staff will provide information about the water quality targets and how people can have their say on what is proposed.

The meetings are also being held in Apiti, Bulls, Woodville, Hunterville, Ohakune, Taumarunui, Levin and Palmerston North. In Whanganui there will be two meetings — at 2.30pm and 6pm on Monday 6 November at the Whanganui Jockey Club.

Changes to freshwater management began when central government launched its Essential Freshwater package in 2020, which are designed to prevent further damage to waterways, lakes and streams, and get water bodies and ecosystems back to or maintained at a healthy state.

The rules developed will ultimately be part of the One Plan, Horizons' guide to managing natural re-

sources in our region.

These changes are not just about regulation. Horizons are also required to set action plans which can include non-regulatory actions such as subsidies, community grants and education.

WIN A COPY

The RCP has a copy of 'Finding Frank' to give away in a draw. All you need to do is send us an email at rivercitypress@xtra.co.nz, putting Finding Frank in the subject line and giving us your daytime contact details. Alternatively, you can bring this information into our office at 52 Ingestre Street.

The draw will be made at noon on Friday, 27 October.

Dachshunds walk this Sunday at Kowhai Park



Bijou, the standard Wire-Haired Dachshund.

Julz Coffey loves Dachshunds and organised regular walks with other Dachshund owners for her 'Fritz.' Sadly, in April, Fritz had to be put down as he developed IVDD, which causes paralysis of the spine. Julz was bereft.

However, once a Dachshund lover, always a Dachshund lover, so Julz has another. This time it is a female — Bijou, a wire-haired mini. Her mother was called 'Gin' — thus Julz's name of Bijou, which is the name of a cocktail made from gin, vermouth and chartreuse.

The Dachshund walking group had about ten members. They would meet in Kowhai Park, allow the dogs to play and go for a short walk, but were as happy to stay and chat.

It finished about two or three years ago, but Julz wants to revive it. So, if you have a Dachshund, other breeds of small dogs are welcome too; come to Kowhai Park on a Sunday at 1pm. It could take 30 or perhaps 60 minutes — as long as you want.

By the way, in case you didn't know dachs means badger and hund means dog. Dachshunds would go down burrows to hunt badgers.

Every day one NZer dies from melanoma - nearly 60% of these will be men

There are three different types of skin cancer and while melanoma is the least common, it's both the most aggressive and the most serious.

How is melanoma identified?

Melanomas usually appear as a changed mole or freckle, so if any mole or freckle changes, get it checked out.

One simple way to remember the signs and symptoms of melanoma is the mnemonic ABCDE:

- Asymmetrical — the mole, freckle or lesion is not round.
- Border — the border is irregular or not well defined.
- Colour — melanomas usually have multiple colours or are dark (or have no colour at all).
- Diameter — moles greater than 5 mm are more likely to be melanomas

than smaller moles.

- Evolution — any change should be looked at.

Moles that develop later in life should also be looked at quickly. Early detection is the key.

Like the other types of skin cancer, the most effective treatment is surgical removal. The thinner the melanoma, the less it has burrowed into the skin and the better the outcome.

Generally, the success once a melanoma has metastasised is very low. The five-year survival rate is unfortunately less than 10%.

Check your skin regularly and if you note anything unusual, you must do something about it. Visit your doctor and start the process or get a Mole Map done.

Visit www.movember.com

to find out more and to register.

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“Other priorities trump a new Great Walk”

By Dave Scoullar

The National Party has promised to spend \$14 million over the next four years to create an 80km new Great Walk based around the Waiau-toa/Clarence River and Molesworth Recreation Reserve on the border of the Canterbury and Marlborough regions.

Great Walks are managed by DOC. There are currently ten tracks with the title, with the Hump Ridge Track in Southland set to achieve Great Walk status later this year.

Unsurprisingly, Kaikōura and Hamner Springs tourism promoters think a Great Walk is a splendid idea, but there is a bigger picture. DOC has nearly 1000 huts and

thousands of kilometres of tracks and struggles to maintain these, let alone take on another premier track and more flash huts.

Whanganui trampers are concerned that there is still no action on the Lake Dive Hut which burned down three years ago in Te Papakura o Taranaki (formerly Egmont National Park). DOC has indicated that the hut is likely to be replaced but progress is glacial.

Some trampers fear that DOC is drawing up a list of huts and tracks that it will close in the future because of budget issues. Therefore, it would be nice if National promised to boost DOC funding and let it decide where this was spent. Great Walks

are high maintenance and contrary to what people may think are not money-spinners for DOC even if local communities benefit from enhanced visitor numbers.

In 2018, a proposed trail at Waiau-toa/Molesworth was one of seven walks shortlisted after DOC launched a search for the next Great Walks. The Hump Ridge Track was selected, but at the time Waiau-toa/Molesworth was said to have “significant potential” and DOC said it would be considered for the Great Walks network in the future.

The track would traverse Kā Whata Tū a Rākihouia Conservation Park and the Molesworth Recreation Reserve, with

breathtaking views of the Kaikōura Ranges and the natural features of Lake McRae and the Waiau-toa/Clarence River. There was also the possibility of creating a loop track by linking the two ends of the walk with a two-day rafting experience on the Waiau-toa/Clarence River.

If all things were equal this would be ideal for a Great Walk, but does it make sense to have another one in the South Island when the addition of the Hump Ridge means 8 of the 11 premier tracks are there? With the main population in the North Island there is an imbalance now without making it worse. Therefore, it is crucial that if we are to have another Great Walk



National will fast-track a Great Walk in the South Island while three years after Lake Dive Hut burned down there is no sign of a replacement despite being on the round the Taranaki maunga track

that it be in the North and preferably close to Auckland.

However, at this time

DOC has greater priorities and topping the list should be ensuring there is adequate funding to

maintain our extensive huts and track network which is the envy of other countries.



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University of the Third Age (U3A) October film open to public



A scene from The Blue Caftan

The Blue Caftan is a 2022 tailor-made movie adored by audiences and juries around the world, picking up 12 different awards and being rated 96% by Rotten Tomatoes review. One review on this website states: “This is a tender, beautiful film. Not only is it visually rich but there’s an above-average soundtrack.”

It is the U3A film for October and is being shown at the Embassy 3 Theatre on October 25, starting at 10.10am. All are welcome.

Infused with passion, hope and sensitivity, it is a gentle piece of Arabic storytelling, one that safely, slowly enfolds the audience rather than propelling them on a journey.

The Moroccan tailor makes an exquisitely embroidered caftan, but he is under time pressures because of other clients’ demands and his wife’s failing health. His apprentice does not yet have the required skills and his wife doubts this young man’s honesty. What appears at first to be about secret lives and betrayal becomes a nuanced portrait of love and acceptance at its most radical.

The Blue Caftan both imagines a world where there’s room for appreciation of the old ways and room to evolve into the future. It surveys the hidden heart with compassion and grace.

The 122-minute-long film is in Arabic with English subtitles.

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Anniversary of airliner crash on Mt Ruapehu

This coming Monday is the 75th anniversary of an airliner crash on Mt Ruapehu in which all 13 people died, at the time New Zealand's worst civil aviation accident.

On the morning of 23 October 1948 two experienced pilots, Commander Max Hare and Second Officer Brian Russell, flew ZK-AGK Kaka, a Lockheed Electra of the National Airways Corporation's fleet, from Hamilton to Palmerston North. They would make the return journey that afternoon.

At 1.16 pm, after refuelling and taking on board 11 passengers, including a young boy, Kaka took off and headed towards Whanganui. This dog-leg added time and distance, but kept the aircraft away from the peaks of Ruapehu, Tongariro and Ngauruhoe at a safe cruising altitude, in an area where navigation beacons were scarce.

Kaka initially appeared to be on course, it reported its presence at the Whanganui beacon at 1.38 pm, when it was flying in heavy cloud and rain, and was later



This small commemorative plaque is beside the Ohakune Mountain Rd, about 1km below the Turaoa ski field. It records that Kaka crashed about 3km northeast of here.

seen overhead at Ohakune. Fears began to be held for the aircraft when it failed to report its position 30 minutes north of Whanganui, and it did not arrive in Hamilton as expected.

An intensive aerial search was mounted. Numerous military and civil aircraft searched each day until the light failed or they were stopped by bad weather. But with hundreds of people saying they had heard an aircraft in trouble, their efforts were dispersed across the centre of the North Island.

A breakthrough finally came when three deerstalkers came out of a densely wooded area on the western side of Mt Ruapehu. They said they had heard an aircraft's engines cut out near the mountain on the day Kaka went missing. Eventually wreckage was seen from the air approximately 900m from the summit.

Search parties left for the site on the morning of 29 October. Little hope

was held of finding anyone alive – the weather on the mountain had been poor, and it was now six days since Kaka had disappeared. The searchers who arrived the following day found that the passengers and crew had been killed on impact. The bodies were recovered, wrapped in blankets and parachute material, and carried down the mountain to Horopito.

The board of inquiry into the crash concluded that the aircraft had gone off course because the pilot had made an error in his calculations. According to John King, author of *New Zealand Tragedies: Aviation Accidents and Disasters*, he had corrected for right-hand drift on his flight to Palmerston North, and then, instead of subtracting this and applying it to the other side for the return flight, added another right-hand drift correction. The lack of navigation beacons in the central North Island was a contributing factor.

Time Lord's TARDIS features in outfit of the month talk

By Karen Hughes

The Whanganui Regional Museum's latest Outfit of the Month has a curious connection to the popular British television show, Dr Who.

The outfit for November is a 1939 black faille evening gown. The dress was donated to the Museum by Jean Doris Grace (nee Trench) in 1987.

Jean's father was the English architect Gilbert Mackenzie Trench. While working for the United Kingdom's Metropolitan Police, Gilbert Trench designed the 1929 model police telephone box, which became a common sight in Britain. Perhaps even more significantly it became famous as the TARDIS (Time And Relative Dimension In Space) time machine in the long-running popular BBC television series Dr Who. After retiring, Gilbert Trench lived in Whanganui from 1949 until his death in 1979.

Kaihāpai Taonga/Collection Manager, Trish Nugent-Lyne said Jean would have been aged around 26



In the Museum's textile workroom, the evening gown is prepared for display. Photo credit: Karen Hughes/Whanganui Regional Museum

when she wore the dress in England, before marrying and migrating to New Zealand. She lived in Whanganui from 1946 until her passing in 2005.

Trish Nugent-Lyne will present the dress with a luncheon fashion talk at 12.15pm on Friday 27th

October, upstairs in the Museum. Entry is free, though koha is always appreciated. No booking is required, and all are welcome – meet in the Atrium. The dress is on display in the Museum throughout the month of November.

Whanganui residents share their views in annual community survey

More than half of Whanganui residents say they have a high sense of wellbeing. Eighty percent view Whanganui as a creative place, and nearly all have indicated they could be self-sufficient for three days following an emergency, according to a localised survey.

Whanganui District Council's annual Community Views Survey was conducted during June 2023. With the results of the survey now in, the council's chief executive David Langford says there are areas for improvement, as well as positive feedback in certain areas.

"A highlight is seeing that satisfaction in the performance of council staff has increased by 18 percent from last year. We can also see an increase in the use of key venues as things bounce back from the end of COVID-19 restrictions," he says. "Results show that more people used venues such as Cooks Gardens, sportsgrounds, parks, libraries, the Opera House and the Whanganui Regional Museum. It's great to see results like this."

As with the previous year's survey, the council has taken steps to tackle areas in need of improvement by implementing an action plan. Some of the initiatives from 2022 are still relevant and will be carried forward into the current year. Completed actions include the establishment of an outdoor gym along the riverfront, the installation of a new public toilet in Upokongaro, and having community initiatives shape the development of the upcoming Long-Term Plan.

"The survey suggests that long-term underinvestment in our open spaces, parks and playgrounds may be contributing to decreased satisfaction. The open spaces are maintained to a set standard, and perhaps this standard needs to be better resourced. The council will look at improving services and will seek community input on these through the Long-Term Plan process," says David Langford.

The survey indicated the need for easier access to council information. A refresh of the council's website is planned, along with improvements to digital services and customer experience.

David Langford pointed out the high level of confidence if there was to be an emergency. "Seeing 91 percent of the community indicating that they could survive for at least three days in an emergency without outside assistance is really encouraging. This is what a resilient community looks like."

Other areas to note were:

- 70 percent of residents were satisfied with the contribution that the CBD makes to the lifestyle and image of Whanganui
- 41 percent of residents stated that their sense of belonging was either strong or very strong
- the performance of Mayor and Councillors was up from last year with 34 percent rating their performance as very good or good
- satisfaction with roading, safety at night in the city, and waste services such as litter control and recycling opportunities was down from last year

The survey, conducted by Versus Research, was promoted online and capped at 510 replies for comparison with past years.

David Langford says, "The Community Views Survey is one of a number of tools we use to measure some of the targets set in our Long-Term Plan 2021-2031 – and to understand how we're performing."

Read all the results of the survey on the council website: www.whanganui.govt.nz/Your-Council/Research-Reports/Research/2023-Community-Views-Survey

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Powerco announces launch of new Powerco Community Fund

Funding applications are now open for the first round of Powerco's new Community Fund.

The newly-launched Fund will provide support for projects and initiatives that will make a positive difference in the communities Powerco serves.

Powerco Chief Executive James Kilty says he

hopes the Fund attracts applications for a range of causes across the regions.

"Powerco connects communities across some of the most beautiful areas of the North Island. With this Fund we're hoping to support our customers in some of the smaller towns and

regions we serve – the ones that may otherwise struggle to find funds for the community projects that are meaningful to them," he says.

"I look forward to seeing the Fund make a real difference in our communities, and the Powerco whānau can't wait to get involved

in helping deliver these projects alongside our customers."

The Powerco Community Fund provides one-off support of up to \$5,000 for community projects within Powerco's electricity network. It will be dispersed through an annual funding round, for projects that

will be delivered within the funding year.

Applications now open

Applications for the first round of funding are now open until Sunday 5 November 2023, for projects that will be delivered between January and July 2024. More information on funding criteria and how to

apply is available on Powerco's website here: powerco.co.nz/community-fund

Powerco is NZ's second largest electricity and gas distribution utility with over 900,000 customers (across 457,000 connections) connected to its networks. Powerco's electricity networks are in Western

Bay of Plenty, Thames, Coromandel, Eastern and Southern Waikato, Taranaki, Whanganui, Rangitikei, Manawatu and the Wairarapa. Its gas pipeline networks are in Taranaki, Hutt Valley, Porirua, Wellington, Horowhenua, Manawatu and Hawke's Bay.



IDEA Services hosts
Te Ngākautaki o ngā Kāhui-maunga Kapa Haka Festival in the Central Region.

10am-4pm
Tuesday 7 November 2023
Community Sports Centre,
Jubilee Stadium, Whanganui
This is a free event

IDEA Services to host Kapa Haka Festival for central region

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The local IDEA Services Kapa Haka team practising

The Kapa Haka Festival Te Ngākautaki o ngā Kāhui-maunga in the central region will be hosted by Whanganui's IDEA Services on Tuesday 7 November 2023 at the Community Sports Centre of Jubilee Stadium. It will be a free event and everyone is invited.

As Jayde Penney Whanganui Administration Manager for IDEA Services says, "This is a really big event for us and won't be held here for at least another ten years." There will be eight to ten groups coming from eight central centres, involved.

The last Kapa Haka Festival was in Hawera four years ago, and in 2020 it was going to be in Whanganui until Covid-19 forced a long postponement.

The local group has up to 15 members with an even spread between males and females. It is open to anyone with an intellectual disability. Most are in IDEA Services homes and are transported to the base in Alma Road.

They started with well known waiata and under their tutor, Kura Simon, they practise two days a week. Support workers can join in. They have their own costumes and IDEA Services Whanganui are getting some more traditional embroidered ones of a similar design.

The members are all excited about being involved in the Festival and as Jayde says, "They practise with a full heart and with conviction and love being on stage."

Kapa Haka is part of IDEA Services Māori strategy to provide opportunities for Māori and non-Māori to get immersed in Māori culture.



IDEA Services hosts
Te Ngākautaki o ngā Kāhui-maunga Kapa Haka Festival in the Central Region.

When: 10am-4pm
Tuesday 7 November 2023

Where: Community Sports Centre,
Jubilee Stadium, Whanganui

Cost: This is a free event





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Competitions and advice from Council for Recycling Week

National Recycling Week runs from 16-20 October and Whanganui District Council is encouraging people across the community to think about ways to minimise waste.

Running since 2013, Recycling Week has been challenging businesses, schools, retailers, government departments, and the public to be more conscious of

what we're consuming and how it's disposed of.

Leading up to the introduction of a kerbside recycling service in 2024, Recycling Week has given us a great opportunity to spread the message on how to recycle right, and why it is important.

The council's chief executive, David Langford, says "Despite not having a council kerbside recycling

service in place just yet, many people have shown their commitment to recycling, with regular visits to the Whanganui Resource Recovery Centre on Maria Place. This shows that we are a diligent community that really cares about the environment".

Sarah O'Hagan, general manager property and open spaces says, "Over the course of Recycling

Week, the council will be sharing tips about not only recycling but waste minimisation in general, and running several competitions on social media".

As well as encouraging more sustainable practices in the community, the council is looking at its own practices too. Sarah O'Hagan says "We are investigating how the council can phase out the use of single-use

products like paper towels and cups and looking at sustainable procurement practices across the organisation. We recognise these are small steps, but we'll continue to look at ways we can minimise waste and grow more sustainable as an organisation."

As well as sharing tips, we'd like to hear your ideas. Keep an eye on the council's Facebook page from 16-20 October

– there will be competitions for individuals, with the chance to win boxes of fresh veges from Laugesen's Gardens, and an opportunity for businesses to win a free sustainability audit from the Whanganui Sustainability Trust to identify opportunities to reduce waste and save money.

During Recycling Week, people will also have the chance

to recycle their old mobile phones through the re:mobile scheme. Simply drop your old phone to the Whanganui District Council team at 101 Guyton Street – funds raised (through parts salvaged) will help support the Sustainable Coastlines coastal restoration project.

For more information about Recycling Week, visit reclaim.co.nz/recycling-week

Whanganui Heritage & Collectors Fair this Monday on Labour Day



Fee and Kellie

The very successful Whanganui Heritage and Collectables Fair is returning to Whanganui's Jubilee Stadium on the Monday of Labour Weekend. It will run from 9.30am to 3.30pm. Last year, 1500 people came, so expect that number and more this year as this will be the biggest Heritage and Collectables Fair Whanganui has had.

The hosts for the Fair are Fee from The Collective and Kellie from Crickle Creek – two retro shops across the road from each other in Victoria Ave. Crickle Creek has been trading for three years, while 'The Collectables/Vintage Pop-Up Shop opened in March this year.

They have been supported by many other heritage and collectable traders from Whanganui as well as from all over the lower North Island, including quite a few first-time traders this year.

There will be a broad range of items available, including:

- Retro/Vintage clothing
- China, glass, pottery
- Stamps and coins

- Jewellery and accessories.
- Furniture, carpets, mirrors and home décor.
- Advertising ware
- Books, comics, records
- Ephemera (old postcards and printed items)

The Fair will also be supporting four different local causes. They include:

- Whanganui Rotary and the Red Cross, which will be selling a range of speciality books.
- The Koha Shed will be selling good quality, donated furniture items, with the proceeds going towards the purchase of a very much-needed new van.
- The Scouts will be having a sausage sizzle fundraiser.

There will also be food carts onsite. The cost of entry is a minimal \$2.

As most traders will not have Eftpos, please be prepared to bring cash. While there is considerable parking close to the two stadiums, there is more available off-street parking on Parsons Street, with a short walk across the fields.

massage new zealand

Massage Awareness Week

21-28 October 2023

Five fun facts about massage

1. Massage is mood enhancing. Having a massage calms your nervous system and alters your body chemistry. Most of us are soaking in highly corrosive adrenaline and cortisol daily. When you have a massage, you walk back out into your day flooded with serotonin, endorphins and dopamine; all the happy, life-giving, healing, mood-enhancing chemicals and hormones. You feel calmer and more relaxed.

2. Massage removes cell waste, or toxins from your system. Every living cell produces waste products, which can build up in our bodies, aging us and making us unwell. If you happen to be one of those people who avoids massage because it tends to give you a headache

or makes you feel queasy, then I'm sorry to say you are one of those individuals who actually need it most. Massage stirs up the sludge sitting in your tissue. And if your personal pond is becoming a little polluted, then flushing it all out may not be a fun process. Welcome to your body!

3. Massage improves circulation. Blood flow to all our muscles, organs and particularly our brain, is essential. If the flow is insufficient in any part of our system, aging and dysfunction set in. Maintaining good blood flow to every area of your body means every one of your cells is warmed, oxygenated and has waste carried away and sent to the waste disposal departments. Arteries are like the body's main highway. White blood-



cells cruise this highway like traffic officers looking for potential offenders. When these cells, which are known as lymphocytes, detect an injury or an infection, they are able to slip out through the blood vessel wall into the surrounding tissue, and go to wherever they are needed.

4. Massage relaxes tight muscles. The chemical process which releases muscles back to their correct resting length is much more complicated than the muscle-firing reflex. It's not such great news when we start aging and find our body makes less of this muscle-releasing chemical. We may find that living inside our own skin starts to feel like wading through glue. Any massage therapist should be super familiar with muscles.

This means that as well as freeing up tissue and releasing tight muscles, they should also be able to advise you on which areas to strengthen, and which to focus on stretching.

5. Sometimes, massage is actually bad for you.

If you have only just picked up a cold or flu virus, leave it for at least four days before going for a massage. Massage can spread a virus systemically and make you a lot sicker than you would have otherwise been. If you have any health concerns at all, always check with your doctor before having a deep tissue massage. For most of us, having regular massage is a wonderful way to maintain and enhance wellness.
- By Aydie Holland (edited)

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Thank you

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My offices in Whanganui and Hāwera are closed. Keep in touch on Facebook at [stephlewishanganui](https://www.facebook.com/stephlewishanganui)

Steph Lewis

Authorised by Steph Lewis MP, Parliament Buildings, Wellington

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WANGANUI ROAD

1973 - 2023 | This Labour Week

Wanganui Road Rodders celebrating

Back in 1973, a group of friends got together and formed a little club called Wanganui Road Rodders, where like-minded individuals could come along and eat, breathe and talk hot rodding. The membership grew to the point that the

current membership is over 80. The club became an incorporated society in 1974 and, in 1983, built their club rooms on London Street, close to the SPCA base. The rooms were opened by the Patron of the Club, the late

John Lockett. The club covers drag racing, hot rodding, American, Australian, muscle and classic cars. Members attend a wide range of car events all over New Zealand. They have been active in the local community with events such as the 1991 National Hot Rod Show and the 2002 NZHRA Street Road National, bringing over 200 cars and their owners to town to sample a bit of what Whanganui had to offer. The public has appreciated events such as the River City Park Up,

giving local automotive lovers the chance to bring their pride and joy out for the public to see and admire. The Park Ups have also raised significant amounts for charities. In 1985, they held the first Annual Street Drags on Heads Road, eventually moving to Taupō Quay in 2004, where they are still held each year. These races are one of only two street drag races held in New Zealand, still run on an annual basis. In 2020, the Whanganui Street Drags celebrated 35 years. Celebrating 50 years is no



small feat, and the club plans to celebrate this milestone in style over Labour weekend, 20 October to 23 October. Past club members, friends and family are coming from all over the country, with some from overseas as well. The 50th anniversary will be known as Sharp As Wanganui Rodders 50th Anniversary Run. Labour Weekend Celebrations The 50th anniversary celebrations begin on Friday, 20 October, with a meet and greet at the Clubrooms from 5pm. On Saturday, there will be an 'Old Skool Poker' run around Whanganui and surrounding areas, followed by a provided lunch and a mini shed raid. In the evening, there will be a dinner and dance at the Eulogy Lounge of the Racecourse. On Sunday, there will be a 'Show and Shine' at the War Memorial Centre forecourt from 10am to 12noon with free entry to the public. Members of

the SPCA will be walking around with buckets, taking donations, and the Hot Rodders would appreciate the support of the public. In the evening, at 6pm, there is a 'Grasskana'

– a drive-in movie at the grounds of Kaierau Sports Club, Devon Road. The celebrations end on Monday with breakfast and prizegiving at the club rooms from 9am.

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Sunday 12th November, 8am
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Could you walk, run, bike or swim 1.4km each day in November?

The Cancer Society is asking you to walk, run, bike, swim, skip or whatever form of exercise appeals to you — and complete a marathon of exercise in the month of November. By getting active and raising much-needed funds, you can help cancer patients in our community. It takes only 1.4km each day.

By joining the Cancer Society Team, your support will ensure that the 71 New Zealanders each day who are diagnosed with cancer will not go through it alone.

They quote Robert Butler, National Institute on Aging when he said: "If exercise could be packaged in a pill, it would be the single most widely prescribed and beneficial medicine in the nation."

In Whanganui, there are a number of local community sport organisations, including Whanganui Harriers and Sport Whanganui, supporting the Marathon in a Month fundraiser, especially the need to move your body and get active. It is an opportunity for those off-season coders to encourage their athletes to engage in Marathon in a Month.

This is true for the Whanganui Harrier Club whose season has wound up. But they are going to kick off Marathon in a Month on Monday, 30 October, with a 'run clinic' for those that want to attend. Although the season has finished, the club encourage community involvement by providing an "open door experience" by hosting Monday night runs; meet at the WHC clubrooms at 5.15, leaving at 5.30pm and finishing at 6.15pm.

The club will also be running the WHC Kids Marathon for those aged 8 to 13 from 4pm to 4.45pm at Victoria Park on Mondays 6, 13, 20 and 27 November. The focus will be on running techniques, fitness, games and speed.

There are other running or walking events to help with fitness and completing a Marathon in a Month. These include track races with Athletics Wanganui on Tuesday evenings for registered club members and We Run Wednesday Whanganui (werun.Wednesday on Instagram), which is a chilled vibe run. This is for all abilities, starting at 5.15pm at Cooks Gardens.

Another opportunity is the Whanganui Riverbank Parkrun, a free weekly timed 5km event at 8am every Saturday.

Marathon in a Month coincides with some great opportunities to meet other people in the community who are interested in getting active through walking and running, and the WHC is excited to support and encourage participants with this event.

The funds you raise go directly to the local Cancer Society Centre.

Go to marathoninamonth.org.nz to register or to donate. One team is 'Ready, Set YELLOW! Whanganui CS Team. They explain why they are doing it as follows:

"We are stepping up for Marathon in a Month because as a team we are practicing what we preach. We are moving and creating healthy habits to live by.

You can 'Sign Up Here' by using this QR code.



Some of the Cancer Society Whanganui-Rangitikei-Waimarino Centre team from left: Cassie Pui (Health Promoter), Theresa Webster (Volunteer Coordinator), Jess Edmonds (Events Coordinator), Jane Burgess (Volunteer Service Delivery Manager), Rachel Pedley (Administrator).

Sign up today for November's 'Marathon in a Month' Cancer Society fundraiser



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2018 HYUNDAI KONA ELITE

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Was \$27,995 **NOW \$26,995**

2019 SUZUKI VITARA TURBO

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Was \$26,995 **NOW \$25,750**

2016 FORD MUSTANG GT

5.0L, V8, 6 speed manual, only 66,000kms, alloys, full body kit, leather, SatNav, manual, GT Fastback tuned & ready for a new home!



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3.2L, turbo diesel, auto, only 51,000kms, 4x4, bullbar, side steps, towbar, snorkel, seat covers, reverse camera, parking sensors, A/T tyres.



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Trying to understand our rates - and are they fair?

The Council recently decided to make a one-off rates reduction available to eligible households facing a rates' rise higher than \$700.

In a press release the Council explained the New Zealand rating system as "designed so higher-valued properties pay more than lower valued properties" and goes on to point out that the value of land, especially in Aramoho, Gonville and Castlecliff, had increased significantly, leading to "substantial rate rises."

Former Councillor James Barron contacted the RCP to point out that commentaries on the rates rise did not adequately explain how individual rates are established and whether the system used is fair.

He gave an example of a friend who has a small house on a large section in Castlecliff. He has had a nearly 50% rates rise this year as WDC general rates charge is based on the value of the land (LV), not the total property or capital value (CV) and the LV has increased.

James explained that most councils have moved to base most of their rates on capital value — around 80% — up from just over

50% in 2007. He believes this approach is much fairer. While Whanganui does calculate some of our rates on capital value (CV), "general rates" i.e. the biggest single part of most rates, bills rates are based on land value (LV).

James suggested that the valuation of the land is based partly on whether it is subdividable, and, in the case of his friend, that property theoretically could be subdivided into three properties and sold, even though the owner has no intention to do so, since that would mean demolishing their home to do so destroy cost them. The LV is the vacant land value and takes no account of the fact it's not practicable to subdivide without demolishing a good and valuable home!

The RCP looked at a couple of properties to break down the different ways rates are calculated.

All properties are charged a 'General Rate' based on the land value. A St Johns Hill property pays \$1,965.81 on a land value of \$385,000 (45% of the total rate bill of \$4,375). A Springvale flat pays \$714.84 on a land value of \$140,000 (26% of 2,785.19).

All properties pay a

'uniform annual general charge' of \$700 regardless of size or value.

Then there are 'targeted rates' with three of them based on Capital Value (land plus the house). These are for roads and footpaths, City water firefighting rate and the Stormwater dispos-

al rate. Combined, the St Johns Hill property, which has a value of \$660,000, pays \$795 (18%) and the Springvale flat with a capital value of \$375,000 pays \$445.96 (16%).

Other targeted rates are for roading, earthquake strengthening and city

water supply totalling \$334.74. The final targeted rate is the 'City wastewater rate' and is based on how many 'pans' or toilets you have (both properties have one). This all adds up to \$924.39 and applies to all properties regardless of size or value.

Combining this with the uniform annual general charge it comes to \$1624.39. For the St John's property this is 37% of the total rates and for Springvale it is 58%. These targeted rates based on 'SUIP' (separately used or inhabited part of a

property) hit the owners of properties with a lower land and capital values much more than those with higher valued properties.

By contrast Horizons Regional Council bases most of its calculations on capital value (70%) and none on land value.

~ Living in a renovation ~

This time around, I thought I would make some suggestions for making life easier while living in a renovation, as we have a lot of clients who stay in their homes while we renovate. I am almost at the end of my own personal renovation and was incredibly lucky to be able to live away from the renovation site for the majority of the renovation; however, I have moved in, and we are not quite done, and the chaos is very real.

Some of what I am going to mention will sound like common sense and logical thinking, but it is amazing how often we don't think about simple things that will make our lives easier, and that is because of the amount of stress that is going on at the time, and the amount one needs to think about and consider when renovating.

If you are renovating a kitchen, then make sure your laundry is up to speed to act as a makeshift kitchen. If you are going to be doing a laundry and kitchen renovation at the same time, then get the laundry completed first so you can use this space while the kitchen is decommissioned. Having hot and cold running water and somewhere to make a cup of tea or coffee, somewhere to heat up a meal or be able to use an air fryer is going to be a lifesaver during a renovation, especially in the colder months.

Summer we can use barbecues, but you will still need somewhere to do the dishes. I now have my new laundry set up so I can make a cup of tea and heat up a few ready meals



from Honest Kitchen, so at least I know I am not eating badly and can be guaranteed a hot, healthy meal with no guilt attached while we move through this last part of the renovation.

Another tip for living in a reno is to try and have a room that is your escape space, where you

can shut the door and for a few moments forget you are living in a reno, as the dust, chaos, and cluttered spaces is something that will eventually turn your hair grey.

If you work from home and are intend to stay there during the renovation, then I take my hat off to you as that is hard work

and not for the faint-hearted. Constant noise, dust and interruptions do take their toll, not only on you but also on your pets. Pets need to be taken into consideration while renovating, and if you have an anxious or shy pet, my suggestion is a cattery or Kennels if you can't send them to someone for that duration. Some pets don't mind staying on-site, and we always give them a bit of love when we see them to help keep them calm.

Pack up as much as you can so it stays dust-free and orderly to make putting things back easier for yourself. The key to a good renovation is to have a great project manager, so if we can help at all or offer advice, then please don't hesitate to contact us.

- Rachel Brandon

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Record numbers attend Whanganui hosted tennis tournament

Whanganui Water Ski Club shaping up for a busy season

The Whanganui Tennis Club recently held its most successful Whanganui Junior and Senior Open Tournament in many years over the first week of the school holidays, with a record number of 111 players participating in the 10's, 14's and Open Grade, along with 86 players on Monday and Tuesday for the 12's & 16's Grades. The club lived up to their reputation of providing the biggest and best tennis tournament in the Tennis Central Region.

Another year of troubling spring conditions, with play called off on the first day from lunch-time causing scheduling stress. By shortening matches, we managed to get through 411 matches over the period of 4 days. A big thank you to Whanganui Collegiate School who provided their six hard courts for our 10's & under players, as well as providing accommodation to 60 travelling players.

We owe a huge congratulatory to our local representative, Ruby McIntyre, who had an outstanding four days at our tournament. Firstly, Ruby entered the Women's Open Grade singles and doubles. She finished runner up in the singles final, losing to Zoe Driscoll 6-3 6-3. Ruby then partnered with her close friend Alice Whitaker to win the women's doubles. Moving on to the Under 16s division, Ruby and Alice finished runner-up to the top seeds in the doubles.

In a tremendous display of community spirit, more than 25 dedicated club volunteers worked tirelessly to ensure the event's success. Their efforts encompassed venue preparation, culinary preparations for Saturday and Monday dinners, draw management, running the kitchen, and venue cleanup. Notably, local tennis umpires Neville



Local representative Ruby

Hopkins and Dorstan Hayman exemplified this community support by generously forgoing their fees, channeling these funds towards the advancement of junior tennis initiatives in Whanganui. We extend our heartfelt gratitude for their exceptional contributions.

The Whanganui Tennis Club would also like to thank their generous sponsors. Our major sponsor, St Johns Club, who will continue their support for our 2024 tournament. Our Age Group sponsors Mitre 10, Silks Audit Chartered Accountants, Allens Waste Disposal, Strong Electrical, Whanganui Motors, Balance Chartered Accountants and Open Country. Thank you!

Singles Grade Results

were:

- Open Mens Winner: Louie Farrier (Eastern)
- Open Ladies Winner: Zoe Driscoll (Eastern)
- 16's & Under Boys: Ethan Pryor (Wellington)
- 16's & Under Girls: Emily Dunn (Hutt Valley)
- 14's & Under Boys Winner: Ethan Pryor (Wellington)
- 14's & Under Girls Winner: Jessica wang (Auckland)
- 12's & Under Boys Winner: George Swinton-Robertson (Wellington)
- 12's & Under Girls Winner: Sophie Wedd (Eastern)
- 10's & Under Boys Winner: Rafferty Hogan (Wellington)
- 10's & Under Girls Winner: Elsa Pryor (Wellington)

The 2023/2024 Water Ski season has begun, and it started with a New Zealand Tournament Water Ski Association coaching school here in Whanganui. The coaching school attracted 18 skiers from around the country who had some top-quality coaching from Whanganui coaches Hunter McKenzie and Courtney Williams. McKenzie and Williams have moved through the junior divisions of the sport and now have the opportunity to share what they have learned both in New Zealand and overseas with the next generation of junior skiers. It was a fantastic week, with lots of progress made by the local skiers, and the club is looking forward to hosting the next one in November.

Whanganui Water Ski Club's next event is the club's opening weekend on Sunday October 29th. The opening day offers a great opportunity for people to come along if they are interested in joining the club or just finding



out more about what the club has to offer. Please contact Mel Hagan, 021 294 4283, if you are interested. New members are always welcome.

The club's first regional tournament is in early December down in Otaki, and everyone is looking forward to the competition beginning. This is followed by the club's biggest tournament of the year in late January, when we will see all three events, jump, trick and slalom, on show in Whan-

ganui. This is a great event to come and watch, so if you are at a loose end come along and be entertained.

February 2024 will see the biggest event at Lake Wairitua in the last three years, the Australian/New Zealand Junior Championships, affectionately called 'Oz/Kiwi'. The Whanganui Water Ski Club is hosting this event and the very best Under 14 - Under 21 Australian and

New Zealand skiers will be competing for their national team and for individual titles. Some of these skiers have recently competed at the Open World Championships in Florida, USA, along with two of our local club members, Lily Meade and Jack Silver. Meade and Silver competed well at the tournament, a proud moment for everyone watching them from home.

Golf results

TAWHERO GOLF RESULTS

13 October 2023 Friday Twilight 6 Hole Ambrose: Billy Beck & Lachlan Howe 20, Trevor Sammons & Matt Sammons 20.2, Tania Harpur & Allan Jenkins 20.7.

14 October 2023 Saturday 9 Hole Haggie [stableford]: Jan Crossan 22, Dave Johnston 21, Joshua Larkin 20.

15 October 2023 Sunday 18 Hole Shootout: Wesley Sharrock

17 October 2023 Tuesday 9 Hole Par Round 1: Men's Division 1: Dave Johnston -1, Trevor Sammons -4. **Men's Division 2:** Bob McIntyre -1, John Deighton -3. **Women's Division 1:** Bernadette Hadfield +2, Jan Crossan -4. **Women's Division 2:** Priscilla Fonseca -1, Jean Walsh -1.

Upcoming Events: Twilight 2 Team 6 Hole Ambrose Friday's Tee off from 3.30pm. No more Friday haggie - moved to Saturday's 9/18-hole \$5 Haggie, Tee off 7.30am-12.30pm.

Summer membership affiliated \$265 1st October 2023 - 31st March 2024

Bowls results

WANGANUI BOWLING CLUB INC

Results from Handicap Singles played on Saturday, 7 October 2023.

Men: Winner Graeme Young, Runner-up Bruce Hannah. **Women:** Winner Jan Blair, Runner-up Denise Lee.

Castlecliff 9 Hole Club

Thursday 12 October Medal

Ladies: Rawinia Connors 35, Marilyn Edmonds 37, Anne Cox 38. **Men:** Brian Quinn 32, Rodney Mence 34, Mike Meyrick 36.

Raffle: Allen Willis

TAWHERO GOLF RESULTS

6 October 2023 Friday Twilight 6 Hole Ambrose: Billy Beck & Lachlan Howe 19.4, Dave Johnston & Tom Clark 19.9, Trevor Sammons & Matt Sammons 20.2.

7 October 2023 Saturday Haggie [stableford] Rome Rarere 20, Billy Beck 20, Riley Taiwhati 19.

8 October 2023 Sunday 18 Hole Haggie [Stableford] Damien Wallace 42, Joshua Larkin 38, Rome Rarere 37.

10 October 2023 Tuesday 9 Hole Putting Round 2: Men's Division 1: Little Paki 14, Trevor Sammons 16, Sheldon Curtis 17. **Men's Division 2:** Bob McIntyre 12, John Deighton 19. **Women's Division 1:** Jan Crossan 14, Joan Shore 16, Bernadette Hadfield 18. **Women's Division 2:** Priscilla Fonseca 13, Jean Walsh 14.

Upcoming events: Sunday 15 October 2023 Shoot Out Tee Off 7.45am. Twilight 2 Team 6 Hole Ambrose Friday's Tee off from 3.30pm. No more Friday haggie, moved to Saturday's 9/18-hole \$5 Haggie Tee off 7.30am-12.30pm. Summer membership affiliated \$265 1st October 2023 - 31st March 2024.

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New Whanganui MP Carl Bates NZCT latest grants for Whanganui - straight to work

Life has changed already for new Whanganui MP Carl Bates. Less than 36 hours after the results were announced on Saturday night, he left Whanganui and headed for Parliament, first to meet the Class of '23, National's new intake of MPs, and then to attend the National party's first caucus meeting.

It will be at least early November before a coalition government is sworn in by Governor-General Dame Cindy Kiro.

Carl is under no illusions as to the size of the job ahead.

"I'm excited. It's daunting; there's a huge amount of work to be done, and I don't think that can be underestimated," Carl told supporters on Saturday night.

On the Sunday, Carl, Candice, and their children went to church, and then it was time for a quick round of 'Thank You' human hoardings at several Whanganui intersections.

"It's fair to say that we were very well received on Sunday," Bates said. "There seems to be a real sense of relief that New Zealand will have a new government with a relentless focus on rebuilding the economy and get-



Carl and Candice on Election Night

ting things done."

Whanganui is a diverse electorate, with the Whanganui District in the southern portion and South Taranaki and Stratford Districts to the north. A key part of Carl's tenure will be balancing competing demands on his time from different sectors of the electorate. However, a rigorous eight-month full-time campaign has prepared Carl well.

"My pledge to everyone in the Whanganui electorate is that I will be visible, I will turn up, and I will

work on behalf of every constituent," Bates said. "I set high standards of myself, and I have a track record of getting things done, so that will not change."

Right now, however, there's a big learning experience going on in Wellington where the newbies from all parties are being shown the ropes. At the end of the week, they will return to their homes or electorates, and the real work begins.

Carl Bates cannot wait. "Bring it on!" he says.

The recently announced NZCT grants for the Whanganui region included some big amounts including \$100,000 for new clubrooms and changing sheds at Wembley Park, \$80,000 for Netball Whanganui and over \$31,000 for the Whanganui Rowing Association. Whanganui will also benefit from the \$250,000 grant for Te Araroa Trail projects in Whanganui, Kāpiti, Porirua and Nelson.

Netball Whanganui Inc, \$80,000.00, Salary - Community Competitions Officer; Salary - Community Development Officer; Salary - Community Centre Manager. Performing Arts Competitions Association of NZ Inc, \$15,000.00 - Accommodation; Fees for adjudicators and accompanists. Te Araroa The Long Pathway Te Araroa Trust, \$250,000.00 - For trail projects in Whanganui, Kāpiti, Porirua and Nelson. Wanganui Rowing Association Inc, \$31,857.18 - Restoration of finish tower including scaffolding. Wanganui United Cricket Club Inc, \$4,600.00 - Playing uniforms and equipment; Indoor training facility hire. Whanganui Football Development

Trust, \$100,000.00 - Construction of clubrooms and changing bays. Whanganui Swimming Club Inc,

\$32,000.00 - Lane Hire; Salary - Swim Coach (excludes expenses and allowances). Local gaming venues

that contributed to these grants are: Caroline's Boatshed, Castlecliff Hotel, Shotz, Stellar Bar, and Tandoori Bite.

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- Cheesecake

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Week 1	Week 2	Week 3	Week 4
<p>6 - 12 November</p> <p>4 - 10 December</p> <p>1 - 7 January</p>	<p>16 - 22 October</p> <p>13 - 19 November</p> <p>11 - 17 December</p> <p>8 - 14 January</p>	<p>23 - 29 October</p> <p>20 - 26 November</p> <p>18 - 24 December</p> <p>15 - 21 January</p>	<p>30 Oct - 5 November</p> <p>27 Nov - 3 December</p> <p>25 - 31 December</p> <p>22 - 28 January</p>
<ol style="list-style-type: none"> 1. Roast beef with gravy 2. Chicken with citrus sherry sauce 3. 5 spice pork with noodles 4. Crumbed fish & tartare sauce 5. Bacon-wrapped sausages 6. Beef pastry 	<ol style="list-style-type: none"> 1. Roast chicken with gravy 2. Corned beef with mustard sauce 3. Beef roulade 4. Honey garlic pork with rice 5. Classic fish cake 6. Macaroni cheese 	<ol style="list-style-type: none"> 1. Roast pork with gravy 2. Crumbed beef schnitzel 3. Hawaiian chicken 4. Battered fish & tartare sauce 5. Swiss roll with plum sauce 6. Sweet & sour pork 	<ol style="list-style-type: none"> 1. Roast lamb with gravy 2. Chicken katsu 3. Italian spaghetti & meatballs 4. Pickled pork & mustard sauce 5. Baked fish with lemon pepper sauce 6. Curried sausages

Due to extreme shortages and unavailability of Hoki fish, we have had to limit our choices of fish. Currently battered and crumbed fish are readily available so we have chosen to have both on the menu this cycle.

All meals are delivered fresh, not frozen and are served with potatoes & vegetables from locally sourced suppliers



Jumbo crossword

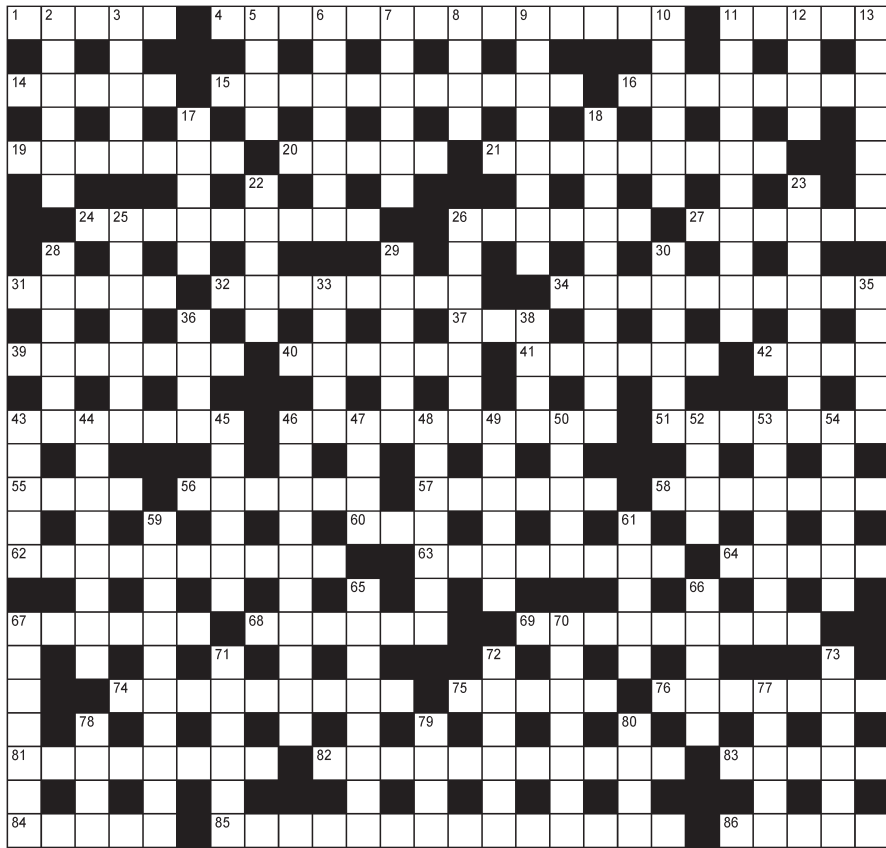
ACROSS

- 1 Communal money fund (5)
- 4 Be an unwanted third party with a couple (4,10)
- 11 Category (5)
- 14 True (5)
- 15 Revive from unconsciousness (11)
- 16 Curved sword (8)
- 19 Floor show (7)
- 20 Open-mouthed (5)
- 21 Restless (9)
- 24 Big guns (9)
- 26 Scamp (6)
- 27 Burning (6)
- 31 Adipose (5)
- 32 Stress (8)
- 34 Film actor's audition (6,4)
- 37 Can (3)
- 39 Handcuff (7)
- 40 Fix (6)
- 41 Woodwind player (6)
- 42 Protracted (4)
- 43 Trace (7)
- 46 Notes (5,5)
- 51 Backer (7)
- 55 Highlander's dagger (4)
- 56 Says (6)
- 57 Deadly (6)
- 58 Accord (7)
- 60 Age (3)
- 62 Switches back and forth (10)
- 63 Spotless (8)
- 64 Merge (5)

- 67 Blanket-like cloak (6)
- 68 Develop over time (6)
- 69 Not resolved (9)
- 74 Sleep through winter (9)
- 75 Core (5)
- 76 Deer meat (7)
- 81 eg spider, scorpion (8)
- 82 Furnace (11)
- 83 Quay (5)
- 84 Astute (5)
- 85 Large fuss over something trivial (5,2,1,6)
- 86 Reduce drastically (5)

DOWN

- 2 Weather map line (6)
- 3 Jewelled headband (5)
- 5 Welsh emblem (4)
- 6 Born later (7)
- 7 Inhabit (6)
- 8 Satisfy fully (4)
- 9 Plant studier (8)
- 10 Sailboats (6)
- 11 Waist sash (10)
- 12 Play divisions (4)
- 13 Unknown (7)
- 17 Ledger entry (5)
- 18 Blue (10)
- 22 Economic depression (5)
- 23 Very hungry (8)
- 25 Withdraw (7)
- 26 Speaker's platform (7)
- 28 False front (6)
- 29 Break loose (6)
- 30 Official count (6)
- 33 African scavenger (5)
- 35 Big wild cat (5)
- 36 Basin stopper (4)
- 38 Midday (4)
- 43 Alcoholic drink (5)
- 44 Close examination (8)
- 45 Accessories (6)
- 46 Keeping from decay (10)
- 47 Sit for (4)
- 48 Recovery setback (7)
- 49 Kit out (6)
- 50 Precise (5)
- 52 Blueprint (4)
- 53 Candidate (7)
- 54 Highly decorated (6)
- 59 Phobic rash (anag) (10)
- 61 Beginning (5)
- 65 Precious metal (8)
- 66 Female fox (5)
- 67 Maybe (7)
- 70 State of perfect happiness (7)
- 71 Deserves (6)
- 72 Spurn (6)
- 73 Developing unborn (6)
- 77 Model (5)
- 78 Heroic narrative (4)
- 79 Indication (4)
- 80 Bean curd (4)



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SIMON SHUKER'S CODE-CRACKER Extra 782

EACH number in our Code-Cracker grid represents a different letter of the alphabet. For example, today 21 represents K, so fill in K every time the figure 21 appears. You have one letter in the control grid to start you off. Enter it in the appropriate squares in the main grid and solve the starter word. Fill in other squares in the main and control grids with the found letters and look for the next word. Follow the word trail through the puzzle to its completion. Visit www.codecracker.co.nz

1	2	3	4	5	6	7	8	9	10	11	12	13	14
4	10					11	12			5		3	
2	13	3	14			15	13	16	16	14	12	17	3
18		8		3			4		19		20		21
7	12	13	18	14	5	2	4	8	21				3
		5										23	7
16	12	12	5	3	2			13	20	2	12	12	5
12		2					24			3		8	
12			4	14	13	16	5	3	2	4	5	3	
21		7			3			19		20		16	18
12	20	20	12	18	3	18	5			25	19	16	5
13		2			7			8			7		3
5	6	26	9	3			6	12	16	7	5	3	2

© Simon Shuker www.codecracker.co.nz

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Sudoku

	3				9			6
	9	1			8	7		3
		7						
		6			5			7
	2		4		3			9
3			7				6	
							4	
4		2	6				9	8
5			2					6

Medium

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

Previous solution

1	S	A	G	R	I	O	N	T	E	M	P	V	U
14	W	B	D	H	Y	C	J	L	Q	F	X	Z	K

Previous solution

6	1	7	9	4	3	5	2	8
8	2	5	1	7	6	4	3	9
4	9	3	2	8	5	1	7	6
5	7	8	6	9	4	3	1	2
1	3	6	5	2	7	8	9	4
9	4	2	3	1	8	6	5	7
7	5	1	8	6	2	9	4	3
3	6	4	7	5	9	2	8	1
2	8	9	4	3	1	7	6	5

Previous crossword solution

ACROSS: 1 Chances, 4 Give advice, 9 Italics, 13 Ours, 14 Sailor, 15 Rarity, 16 Minaret, 19 Nervous, 20 Chip off the old block, 21 Before, 22 Puppet, 24 Speculate, 29 Crevasse, 30 Dearth, 31 Icicles, 35 Flippant, 36 Rafter, 37 Ewer, 38 Cover, 39 Tag, 41 Suede, 43 Ethics, 47 Franc, 50 Eel, 54 Spool, 55 Peer, 56 Mussel, 57 Opponent, 60 Canteen, 61 Beetle, 62 Leonardo, 65 Freewheel, 67 Encode, 68 Futile, 72 Nineteen to the dozen, 75 Essence, 77 Medical, 78 Affair, 79 Bruise, 80 Acme, 81 Stagger, 82 Close shave, 83 Segment.
DOWN: 1 Clown, 2 Aircraft, 3 Sparse, 4 Golf course, 5 Verdi, 6 Airport, 7 Verify, 8 Catch, 10 Third place, 11 Leaflet, 12 Clench, 17 Sour grapes, 18 Coach, 21 Benefit, 23 Prepare, 25 Potter, 26 Avenue, 27 Fabric, 28 Delete, 30 Ditch, 32 Crop, 33 King, 34 Tear, 40 Appear, 42 Duel, 44 Tomato, 45 Issue, 46 Shellac, 48 Appeal, 49 Cloudburst, 50 Épée, 51 Lettuce, 52 Moot, 53 Frieze, 58 Decelerate, 59 Golden rule, 63 China, 64 Binnacle, 66 Reeking, 67 Endures, 69 Direct, 70 Shears, 71 Versus, 73 Offal, 74 Zebra, 76 Elect.

5x5

R	T	D		
L	V			
N	D	S		
H	N			
S	L	S		

Insert the missing letters to complete ten words — five across the grid and five down. More than one solution may be possible.

Previous solution

S	A	L	A	D
O	P	E	R	A
R	A	V	E	D
T	R	E	N	D
S	T	R	A	Y



WHAT'S ON

IN THE COMMUNITY

Schola Sacra Choir performing on Saturday, October 28

Schola Sacra Choir's next concert on Saturday, 28 October, is a performance of two complementary works for choir, soloists and organ.

John Stainer's The crucifixion, written in 1887 and first performed by the choir of St Marylebone Parish Church in England, is the main item of the concert. The work is based on Bach's traditional format of the Passions, with a narrative taken from the King James Bible and a combination of choruses, solos and five hymns, some of which have become quite well-known.



The Choir

Early critics dismissed Stainer's composition as "trivial" and "naïve", but it has survived and flourished as a piece of Victorian music with rich chromatic harmony, and has been popular throughout the English-speaking world for Passiontide church performances.

The crucifixion will be preceded by the less well-known but very melodic Olivet to Calvary, by John Henry Maunder, written in 1904. It is a sacred cantata which describes the last few days of Christ's earthly life, starting with the journey to Jerusalem and ending with His crucifixion at Calvary.

This work is also interspersed with congregational hymns, so there is plenty of singing in which the audience can join in. Nigel Tongs from Palmerston North has the Tenor role, and Chaliun Poppy from Mt Maunganui has the Bass/Baritone part. Nigel has sung with Schola Sacra several times in recent years, and Chaliun is returning after a gap since he last sang with the choir in Handel's Messiah in 2011.

The concert will be conducted by Iain Tetley, and is accompanied on organ by Roy Tankersley, well-known Manawātū musician and former musical director of the choir.

The concert is to be held at Christ Church Anglican Church, 243 Wicksteed St, starting at 2.30pm. Tickets are available from the Opera House, choir members or at the door. Adults \$26, seniors \$21, under 16 free.

Recent RCP winners

Congratulations to Jo Buckingham, who won the draw for a double pass to 'Ladies Out Night.' Thanks to all those who entered into the draw.

We are about to do the draw for the latest Hello Comedy's show with Tom Sainsbury, and this week, there are two draws to enter; one to win a double pass to the Elton John v Billy Joel tribute act and the other to win a copy of the book 'Finding Frank' by Louise Maich. Check out the review on page 9.

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FUNERAL DIRECTORS

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208 Guyton St Phone 06 349 0202 any time
www.dempseyandforrest.co.nz

Recent Bereavements

Sadly passed away recently...

- Deon BOWLIN**, on 15 October 2023, aged 54 years.
- Owen James HOLDAWAY**, on 13 October 2023, aged 72 years.
- Laurence Melville (Laurie) KING**, on 11 October 2023, aged 96 years.
- Richard Ramiha POARI**, on 12 October 2023, aged 72 years.
- Phyllis Idalyn RIVERS**, on 6 October 2023, aged 94 years.
- Russell Neil (Russy) THOMAS**, on 10 October 2023, aged 68 years.
- Pamela (Pam) WILSON**, on 16 October 2023, aged 78 years.
- Nola Frances (nee McGrail) WRIGHT**, on 15 October 2023, aged 94 years.

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RIVER CITY PRESS, THURSDAY, OCTOBER 19, 2023 - 23

Adoption Support Group

Our group meets on the fourth Thursday of the month at a cafe for coffee or lunch from 12.30 onwards. We are a friendly group of people who are supportive and understanding. Anyone involved in adoption is very welcome. Enquiries, phone Joanne 021-055-6292 for venue.

Alcoholics Anonymous

Phone 0800 229 6757. If you have a drinking problem maybe we can help. AA Wanganui area meeting list: Sunday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 9am; Monday, Friendship Hall, Morris Street, Marton, 7.30pm; Tuesday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 12.30pm; Wednesday, St Luke's Church Hall, 34 Manuka Street, Castlecliff, 7.30pm; Thursday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 7.30pm; Al-Anon (family support) Friday, Gonville Library meeting room, 12.30pm. Ph 0508 425 266.

Diabetes Support Group

Speaker, Natasha Spicer of Wisdom is Yours wellbeing centre, Wanganui. Topic: Looking after your feet and a demonstration on foot soaking. When: 28 October 2023, 2pm-3.30pm. Where: The Community Room, Gonville Health, 44B Abbot Street, Gonville, Whanganui 4501.

Dachs in Whanganui Walk

Sunday, 21 Oct at 1pm. Take a walk with your Dachshund, meeting at the Nile Street entrance to Kowhai Park. For more information contact Julz on 021 292 8833. Other small dogs are welcome too.

Porridge Watson - What's On

Thursday Quiz! 19 Oct., 7pm. Free entry. Sunday, Saturday, 21 Oct., Damn Raucous Brass, from 8pm. \$10.00 at the door. Sunday open decks, plus 5 Wings for \$5.00.

Schola Sacra Choir

performs Stainer's *The Crucifixion* and Maunders *Olivet to Calvary* conducted by Iain Tetley with Roy Tankersley on organ. Soloists Nigel Tongs and Chaliun Poppy. 2.30pm Saturday, 28 October 2023 in Christ Church, 243 Wicksteed St. Tickets \$25 adults, \$20 seniors, U-18 free, tickets from the Opera House or at the door.

Theosophy Whanganui

Public Meeting
Usually held 2nd Sunday Monthly. Where: Community Arts Centre, back river entrance in the Awa Room. When: 2pm What: Presentation with respectful discussion and communication. Purpose: No dogma, 'Do no harm', explore ancient wisdom to develop self with the universe. Email: theosophywhanganui@gmail.com

The Stamp Society

will be at the Antiques and Collectables Fair on Sunday, 22 Oct. Stamps and advice available.

The Whanganui Community Choir's Concert - "Together Hand in Hand"

is on 25th November at Central Baptist Church, cnr Dublin & Wicksteed Streets at 2pm, followed by afternoon tea. Musical Director - Caleb Arthur; Adults \$20.00, Seniors \$15.00, Students \$10.00, Children under 12 Free. Family Ticket \$50.00 (2 adults and 2 students over 12) Tickets available from choir members or at the door, or contact: Edwyna 344 7974 / 027 360 1335.

Wanganui Country Music Inc

meet 2nd and 4th Sunday of each month at Pipe Band Hall 1E Bell St, afternoon concert form 1pm to 4.30pm. All welcome this Sunday, raffles, afternoon tea, great singing with the best Country Band in town. Come and see for yourselves. Contact Terri 021 420 069 or Dave 021 061 7282.

Wanganui Spiritual & Awareness Centre

Meetings 7pm Sundays, Quaker Meeting Rooms, 256 Wicksteed St. Local or visiting speakers or mediums sharing their spiritual gifts. Join our healing circle, take a raffle, stay for supper and chat. Everyone is welcome. Koha appreciated. See our Facebook page for details. Ph: 027-697-6308.

Whanganui Heritage Collectors Fair

Jubilee Stadium, October 22, 9.30am-3.30pm. \$2 entry. Huge range of antiques, collectables, vintage, including art, glass, clothing, books, stamps, coins, pottery, jewellery, basketry, woodware, carpets, Crown Lynn, ornaments, art deco, furniture and more. Follow on Facebook Whanganui Heritage Collectors Fair.

Where to find free meals and kai

- Whanganui Kai Hub** - 267 St Hill St (Central), Community Pantry: Monday & Friday 12pm-1pm.
- Koha Shed** - 88 Duncan St (East), Small food parcels: Monday-Friday 9am-2pm.
- Majestic Square** - 98 Victoria Ave, Free warm kai: Wednesday 5.30pm-7pm.
- City Mission Foodbank** - 7 Park Place (Central), Monday-Friday 9am - 1pm.
- Unity Food Christ Church** - 243 Wicksteed St (Central), In the main hall - Friday 3pm-4pm.
- Free Kai Cupboard** - Te Ora Hou, 32 Totara St (Tawhero), Tuesday 1pm-2pm.
- Fair Share Kai** - Saint Luke's, 34 Manuka St (Castlecliff), Thursday 12.30pm-1.30pm.
- Seventh Day Adventist Church** - 62 Dublin St (Central), Free breakfast: Saturday from 8am.
- Harrison St Community Church** - 98 Harrison St (Central), Free meals: Thursday @12pm.
- St Andrews Presbyterian Church** - 42 Glasgow St (Central/Aramoho), Free meal @ 12pm.

"Ladies Man" to race in Melbourne Cup

Melbourne Cup aspirant Ladies Man met the requirement of his connections when he won the Group 1 Livamol Classic on Saturday.

In winning the rich race, Ladies Man took his earnings past \$500,000.

One of the galloper's owners, Fiona O'Leary of Whangaehu, said connections had been looking for a good performance with races in Australia in mind.

Fiona said the Lexus, a staying test at Flemington on the Saturday before the cup (being run on Tuesday, November

7) was on the schedule of Ladies Man. Ladies Man registered his seventh win from 22 starts, and took his stake earnings to \$523,000, on Saturday.

He is by the Waitotara-based stallion Zed and out of Just Polite. He has raced once over two miles in being third in the Auckland Cup.

Ladies Man is a close relative of another stayer of quality, Ladies First, which Fiona and her husband Humphrey O'Leary owned.

Ladies First won the Auckland Cup and was fifth in the Lexus at Flemington.

RCP CLASSIFIEDS

SITUATIONS VACANT

PART-TIME PERMANENT BUS DRIVER

We are looking for a reliable Bus Driver for our kura to start as soon as possible. You will be responsible for transporting students to and from school following a scheduled route and ensuring the safety of all passengers. You will also be required to transport students to and from different extracurricular events during the week.

We are a Kura Aho Matua. We are seeking a bus driver who is kind, patient and speaks te reo Māori. If you do not have te reo Māori, you must be willing to learn te reo Māori.

Applications close 3rd November 2023

Please send or email your CV and details of two referees to the office office@teatihau.school.nz

25 Te Anaua Street, Putiki, Whanganui



Whakamanahia ā tātou tamariki, mokopuna, kia mōhio, kia tū kaha, kia noho ngāwari atu.

SITUATIONS VACANT

GET paid to exercise! Pamphlet Distribution require reliable runners to deliver RCP and brochures each week. Phone Bubs on 343-2010 or 027-218-2010.

WORK WANTED

A builder, renovator. Plumbing, electrical, painting etc. Large and small jobs. Quality workmanship guaranteed. Rates negotiable. Call Leo, 027-4331431, (06) 927-5289. MOBILITY scooters. Sales, service, repair, rental wheelchairs, walkers, ramps. Call Graeme 021-1195118 or (06) 347-6927. PROFESSIONAL/efficient Painter and Plasterer. No job is too small. Reference available. Call or text 022-035-0175.

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FURNISHED room or caravan for a single person, big TV, lock on door. New kitchen & bathroom. By Collegiate. Large section, quiet, sunny. No bond. Phone 027-344-6699.

DOG WALKING SERVICE

DO you wish you could give your dog the exercise they need, without having to walk them yourself? Call/txt 022-010-3577.

PUBLIC NOTICES

SHARYN UNDERWOOD SCHOOL OF DANCE PRESENTS

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4th & 5th November 2023, 5pm
Bookings at the Royal Whanganui Opera House

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Please send us a sample with 30 sts x 20 rows with a colour change patch in the middle &/or photos of garments you have knitted.

Please post to: BONZ Group Ltd, PO Box 955, Queenstown 9300

JUNIOR CHEF REQUIRED

We have an opportunity for a motivated, enthusiastic junior chef to join our team at Hatrick Raceway. Duties include preparing and presentation of meals during dinner service and various functions.

The ideal candidate will have excellent communication skills, be willing to learn on the job, a positive and enthusiastic attitude, and a commitment to providing excellent food & service to our club members, individuals and groups.

This is a part time role, and would be ideal for a current chef in training. Must be available every Friday.

Please forward Cover Letter and CV to secretary@wanganuigreyhounds.co.nz

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ANNUAL GENERAL MEETING

Kai Iwi 1A Reservation

TAKE NOTICE that a meeting of the Kai Iwi No. 1A Reservation for beneficial owners and uki who whakapapa to Ngati Iwi and Ngati Pukeko will be held as follows:

PLACE: Te Aroha Marae, 36 Rangitatau East Road, Kai Iwi, Whanganui

DATE: 28 October 2023

TIME: 10.00 am

AGENDA

- Minutes of previous Meeting
- Chairperson's report
- Treasurer's report and Statement of Accounts
- Special Trustee Election (3x positions)
- Addition to the Charter
- General Business

Nominations for Trustee vacancies close 6pm 18 October 2023

For Special Election information and forms email: contact@tearohapa.com

WEBSITE DESIGN

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BLINDS - Roller & Venetians to order. Free measure and quote. Strath Davis Furniture & Flooring, Ph (06) 345-0883. NEW books available at River City Press, 52 Ingestre St. "From the Sea to the Mountain"; "Whimsical Tales of Old Wanganui"; "More Whimsical Tales of Old Wanganui"; "My Life - Annasophia". NEW Season's Buxus box hedging Plants 10 for \$50.00. Good range of Native plant revegetation stock, \$6.00 each. Side dress your Polyanthus and Primulas with Dried Blood only \$8.00 per kilogram. Parnells Quality Tree and Shrub Nursery, 102 Fox Road Wanganui, Phone 344-6645, Established 1895.

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NEED HELP?

Emergency.....111

City Mission/Foodbank345 2139

Women's Refuge Wanganui 344 2204



CLASSIFIEDS

52 Ingestre St Ph 345 3666

Email: rivercitypress@xtra.co.nz

Nominate someone you think is deserving of our **Bouquet of the Week!**

Email or facebook message us with your nomination and reason why they deserve to win!

email: rivercitypress@xtra.co.nz
facebook: River City Press Wanganui



PUBLIC NOTICES / ENTERTAINMENT



Labour Day Holiday Hours

Monday, 23 October 2023

These are the opening hours for Whanganui District Council facilities and services for the Labour Day public holiday on Monday, 23 October 2023.

You can contact us at any time on 06 349 0001. This number is monitored 24/7 including for urgent enquiries.

You can also report non-urgent issues by using the free Antenna app – download at: www.whanganui.govt.nz/antenna

Council Customer Services, 101 Guyton Street	CLOSED
Council Infrastructure Office, 179 St Hill Street	CLOSED
Whanganui & Partners, Innovation Quarter, 179 St Hill Street	CLOSED
Whanganui isite Visitor Information Centre, Taupo Quay	OPEN 9.00am - 3.00pm
Whanganui Regional Museum, Watt Street	OPEN 10.00am - 4.30pm entry is free Archives: By appointment only, email archives@wrm.org.nz
Royal Whanganui Opera House Box Office, St Hill Street	CLOSED
Whanganui War Memorial Centre, Watt Street	CLOSED
Cooks Gardens, St Hill Street	Track and field OPEN Velodrome CLOSED Events Centre CLOSED
Libraries (including community libraries)	CLOSED
New Zealand Glassworks, Rutland Street	CLOSED
Durie Hill Elevator, Anzac Parade	OPEN 10.00am - 5.00pm
Splash Centre, Springvale Park	CLOSED
Whanganui Airport terminal, Airport Road	OPEN one hour before departures and 30 minutes before arrivals for scheduled Air Chathams flights – for all Air Chathams enquiries, call 0800 580 127 Cafe JARS is open from 9.00am - 3.00pm
Animal Pound, Airport Road	The facility is closed but you can still call the animal management team on 06 349 0001 for all animal-related enquiries. Normal hours resume on Tuesday, 24 October (open 11.00am-1.00pm)
Whanganui Resource Recovery Centre, Maria Place	OPEN 10.00am - 3.00pm (drive-in area) The front part of the centre is open 24/7 for dropping off glass, paper/cardboard, cans and recyclable plastics 1, 2, and 5

www.whanganui.govt.nz

Christmas at Piko Piko Restaurant

Work Functions, Family Gatherings or a Group of Friends for a Christmas buffet!

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for bookings:
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Saturday 21st October, 8am - 12pm
Cash required - No Eftpos available

Registration Fee \$5
(Proceeds from registrations going to Roofing funds)
For registration details text Bill Costello 027 340 9444

YSA
youth services trust

You are invited to the
Youth Services Trust Whanganui AGM
Wednesday 8 November 2023, 4.00pm
39 Drews Avenue
RSVP: Amy or Luke 348 9935
admin@yst.org.nz
RSVP by Thursday 2 November 2023

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SECTION 101 SALE AND SUPPLY OF ALCOHOL ACT 2012

The Burrow Cellars, 49 Taupo Quay, Whanganui has made an application to the District Licensing Committee at Whanganui for the issue of an On Licence in respect to the premises situated at 49 Taupo Quay, Whanganui and known as **The Burrow Cellars**.

The general nature of the business to be conducted under the licence is a wine bar.

The days on which the alcohol is intended to be sold under the licence are **Monday to Sunday, 12.00pm noon to 12.00am midnight**.

The application may be inspected during ordinary office hours at the office of the Whanganui District Licensing Committee at 101 Guyton Street, Whanganui.

Any person who is entitled to object and who wishes to object to the issue of the licence may, not later than 25 working days after the first date of the publication of this notice, file a notice in writing with the Secretary of the District Licensing Committee at DLAdministration@whanganui.govt.nz.

SECTION 101 SALE AND SUPPLY OF ALCOHOL ACT 2012

No objection to the issue of a licence may be made in relation to a matter specified in section 105(1) of the Sale and Supply of Alcohol Act 2012.

This is the first publication of this notice.

SECTION 101 SALE AND SUPPLY OF ALCOHOL ACT 2012

Bains Limited, 1 Polson Street, Whanganui has made an application to the District Licensing Committee at Whanganui for a renewal of an On Licence in respect to the premises situated at 1 Polson Street, Whanganui and known as **Castlecliff Hotel**.

The general nature of the business conducted under the licence is a Hotel.

The days on which the alcohol is sold under the licence are **Monday to Sunday, 9.00am to 2.00am the following day**.

The application may be inspected during ordinary office hours at the office of the Whanganui District Licensing Committee at 101 Guyton Street, Whanganui.

Any person who is entitled to object and who wishes to object to the issue of the licence may, not later than 25 working days after the first date of the publication of this notice, file a notice in writing with the Secretary of the District Licensing Committee at DLAdministration@whanganui.govt.nz.

No objection to the issue of a licence may be made in relation to a matter specified in section 131 of the Sale and Supply of Alcohol Act 2012.

This is the first publication of this notice.

HUGE COLLECTORS FAIR

SUNDAY 22 OCT
JUBILEE STADIUM WHANGANUI
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Eastown BuildLink for timber and fencing supplies

Located in Wanganui East, Eastown Timber & Fencing has been serving the region since 1996. Responding to recent and significant increases in demand, they have been developing the yard in stages for the past two years plus, with a possible

completion in another 12 months. They would be the biggest local supplier for rural and outdoor timber, and as General Manager Matt Smith says, "We would have the best range on the ground of outdoor timber and rural fencing

supplies."

As part of the Build-Link Group, they have access to several timber suppliers, enabling them to be well-stocked at all times.

Apart from fencing and outdoor timber, they also specialise in custom wooden farm gates, tools, hardware, and roundwood, as well as offering custom-

made trellis panels. As such, Eastown Timber & Fencing is well-equipped to cater to farmers, contractors, tradesmen and DIY people alike.

They are also able to provide delivery services for any job size, ensuring prompt and efficient delivery of orders directly to the customer's site.

With a strong focus on customer service, the knowledgeable

staff (there is a total of eight, including Matt) can recommend the right product for any job. As a member of the BuildLink Group, they can offer competitive prices and a personalised service experience.



Eastown BuildLink General Manager Matt Smith

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Rory Futter had 20 years of working in panel and paint businesses. He has now been using his skills and knowledge to provide a paintless dent removal service for the past year. Some additional services are also now on offer. Dent Masters now offers fully person-

alized Paint Protective Film packages tailored to any make or model vehicle, as well as paint restoration, Dura-Seal ceramic coatings & vehicle detailing / valet services. You no longer need to take your car somewhere to get these services as they come to you.

Since opening, the business has been very busy and receiving good support from the local community. Rory uses his new website, www.dentmasterspdr.co.nz, to publish regular articles about the business and to answer frequently asked questions. It is now a

5-star Google-reviewed business.

Paintless dent removal has some significant advantages, including:

- Free estimates
- No long wait lists or delays
- It is less intrusive, Cost effective
- No fillers and no paint

are required, meaning you maintain your vehicle's original appearance and value.

We're mobile, so repairs and other services can be carried out conveniently at your work or home in most cases.

Rory has previously worked in New Zealand's

largest panel and paint operation, dealing with high-end exotic European cars such as McLaren, Ferrari and Porsche. He says, "We used Paintless Dent Removal services daily to enable us to provide the best possible repair options for the vehicles."

Dent Masters is a mobile service, making Rory only a phone call away. You can send him photos of your dents to either 021 065 7421 or dentmasterspdr@outlook.com to arrange a free estimate. Or call to book for any of our services on offer.

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