was back in New Zealand when she won the Wel-

lington Competitions Open

Aria. This led to her sing-

ing with the Israel National

Opera for two years, over

1967 to 69. She recalls, "I

just fronted up for an au-

dition. They needed a so-

prano, and I stayed for two

years. My greatest honour

was to sing the lead role

of Abigail in Verdi's opera

Heading back to Lon-

'disenchanted with the

self-involved life of a pro-

fessional opera singer - so

I decided to study for a

completely

don, she soon became

'Nabucco' in Tel Aviv.

self-centred,



52 Ingestre Street, Whanganui. Phone 345 3666 or 345 3655, email rivercitypress@xtra.co.nz

# Leonie celebrating her 90th with fundraising party on Melbourne Cup Day

BY DOUG DAVIDSON

Leonie Symes knows how to celebrate. After her 80th birthday, she did the Tongariro Alpine Crossing, and now for her 90th on Melbourne Cup Day, on Tuesday, 7 November, she will be celebrating in style with a Lexus Melbourne Cup function on her property in Tayforth Road.

Leonie was born on the first Tuesday of November 1933 – the same day, she points out that "Hallmark won the Melbourne Cup." Horses and horse racing became a lifelong passion.

But so has singing from the time the Head of Music at Marsden School recommended, "I have my voice trained." She started in Whanganui, but as there was no singing school in

New Zealand in the 1950s, Leonie headed off to London and, after auditioning, got a place in National Opera School in London as the youngest student at that time. She went on to have a career as an opera singer and promoter.

But in the early days, Leonie was performing as an extra at Convent Garden and La Scala in Italy, where she met the famous opera singers of the time.

Diploma of Sociology to work as a social worker." She still sang as a semiprofessional opera singer around London in operas such as Madam Butterfly, Aida, and Il Travatore. Her daytime work was as a tour OPEN 7 DAYS guide around London and England and working in

school care social work She returned to New Zealand permanently in 1981, combining singing

urch with the Opera Workshop Company while working as a tour bus driver for Scenic Tours around Auckland and the region.

However, her passion for horses never left her. Living as a youngster in Whanganui, she not only received an 'A' Certifi-cate with the local Petre Pony Club, but also was appointed a 'Whipper-in' (Like a whip in Parliament in charge of any unruly parliamentarians or, in her case - the hounds) for the Egmont Wanganui Hunt Club. She was the first female to achieve these hon-

While in Auckland, Leonie was given "a slow racehorse." To look after it, she went to live in Cambridge in the Waikato, "earning my keep as a housekeeper for a farmer/horse owner/ trainer of racehorses." But she maintained her singing, working with Waikato

She wanted a permanent area of land for her house and herself - so returned to

Tayforth Road. To pay the mortgage she taught sing-ing in secondary schools around Whanganui as well as doing a number of other

In 1995, the Wanganui Music Society wanted to celebrate 25 years, and Leonie offered to set up Opera Wanganui, and she took on the role of Artistic Director. Opera Wanganui eventually performed seven operas, seven musicals and 17 concerts.

"My special pride was singing with a young tenor, Simon O'Neil, who later became one of the top tenors in the world.' Other protégés were Andrew Sritheran, who also became an international leading tenor, as did Jud Arthur.

"The greatest joy," Leonie says, "is seeing the young singers who have done well after a little leg up in this fiendishly competitive and difficult profession of opera, singing around the world."

Continued on page 3



Leonie Symes

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### Check out what's in this week's RCP

that Leonie Symes is turning 90 (see our front-page story). She has so much energy, and she is putting a lot of that energy and her organisational skills into preparing her Melbourne Cup event. Perhaps the key to her energy is her background in music and horses – but she has also worked as a social worker in schools, a music teacher, and a tour bus driver.

There are some very interesting and different events coming up, includ-

• Diwali celebrations on 28 October. 600 people attended last year (page 8).

· Trunk or Treat on 31 October. A safer way to do something for Halloween. (page 18).

The Fordell School ramble on 11 November. It sold out last year (page

For those concerned about what is happening in Israel/Gaza, there is a 'Vigil for Gaza' this Sat-



Doug Davidson journalist@ rivercitypress.co.nz

urday from 11am to 12 noon outside the Tramshed (page 3).

You might be interested to see how people voted for candidates in your part of Whanganui. Check out the booth-by-booth results. Thanks to Tony Stuart for supplying them (page 17).

Congratulations Whanganui Rotary for installing their second free Book Exchange. This is next to Cliff Dental in Street, Castlecliff (page 5).

### Community consultation for Rutherford Junior High

In a world where effective communication is more important than ever, Rutherford Junior High School is proud to champion the partnership between parents and teachers, recognizing that it plays a vital role in the educational journey of our students.

That is why on Friday, 3 November, the school will be inviting the community to join them for consultations on the direction of the school. Everything is open for discussion, from curriculum design to updating the school logo. The original date had to be changed, with the new 3 November date having two sessions – one at 3.15pm and another at 6.15pm. Food will be provided, and childcare for the 3.15pm session. Anyone with an interest in Rutherford - whether they are ex-students, parents or members of the local community residing in the area - is most welcome to join this shared space and contribute.

# Pasifika for Pasifika Expo 2023 this Saturday the Pasifika community itself. "

The Whanganui Pasifika community is coming together to make a difference. They have organised a Pasifika for Pasifika Expo 2023 at Springvale Stadium on Saturday, 28 October, from 11am to 2pm. They promise a fun-filled day for the whole family. It is an opportunity to come and get to know the support services throughout the community. It is also a chance to relax and enjoy Pasifika entertainment and food.

In a time when compassion and solidarity are needed more than ever, the expo is about creating connections, providing assistance, and ensuring that no one is left feeling isolated. Together, they say, "I may not be able to help, but I know someone who can." The bonds formed at this event will serve as a foundation for the future as provid-ers gather to "serve our people" and extend their support networks.

The event is being supported by the various Pasifika community leaders throughout the region and is being sponsored by the Whanganui Regional Health Network, Te Whatu Ora / Health New Zealand and the Whanganui District

Led by the team from the Whanganui Regional Health Network, the Pasifika for Pasifika event "holds significant importance for our community by fostering unity and building rapport within

This event will showcase a broad crosssection of community services and providers, plus provide an opportunity for important health interventions such as immunisations and vaccinations to be done onsite. Many Pasifika families are new to the area so the expo will be an important source of information.

Over 40 stallholders are expected, featuring community funders, education providers, youth support organisations and training and employment providers. There will be Pasifika performances throughout the

Event coordinator William 'Gumz' Pati, a nurse and community connector has been working closely with the Pasifika communities throughout the region, Pati explains, "We observed and recognised the decline in vac-cination rates within our Pasifika communities as an area of concern for our people. As a team, we secured funding to hold a vaccination event in the community in an environment that is friendly, supportive, fun, and safe".

Whanganui Regional Health Network, the Pasifika for Pasifika event holds significant importance for our community by fostering unity and building rapport within the Pasifika community



William Pati with the organising group

# Judging Whanganui for the 'Most Beautiful Small City' Award

Heather Saunderson, CEO and judge of Keep New Zealand Beautiful, was in Whanganui on Thursday to talk with Whanganui District Council and to view what is happening in the city, and then to report back to the other judges.

Whanganui is up against New Plymouth for the title of the 'Most Beautiful Small City.' We do have an impressive pedigree, winning the title back in 2019, again in 2020 and then being a finalist in 2021.

Judgement is based on four factors as follows:

- · Number of nominations as a % of the population
- Litter prevention and waste minimisation initiatives
- · Community beautification projects
- Recycling projects. Each factor is out of

Heather said that, "I have been impressed with the progression over the past four years." This is her third visit for Keep New Zealand Beautiful. She referred to the "extension of environmental education into schools, the creation of street art and the development of living spaces such as in Drewe's Avenue.

She is also impressed with how the city has gone about unifying the environment, focussing on combining heritage and culture and creating sustainable spaces for the community. The building of fishing platforms as part of the Port development was one example she gave, as well as the promise of a platform that kids can use to safely jump off.

The involvement of community groups, assisted by Council funding, was another big tick, making developments more communityled. The Green Bike programme is a good example.

She was pleased to see efforts being made to re-



**Heather Saunderson** 

duce our carbon footprint with more cycling paths and an adaptable curbside recycling programme, as well as a very successful,

improved bus service. The awards will be announced at a function at Parliament on 9 November.

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# Leonie celebrating her 90th with fundraising Fordell School's very popular party on Melbourne Cup Day

Continued from page 1 Cup The Melbourne Party at 'Villa Verde' will include horse riding in the arena. Leonie might have turned 90, but she will be one of the riders. In the garden area, there will be afternoon tea, 'Fashion in the Field' (for both males and females) and, of course, a sweepstake for the upcoming

Following the race. there will be bubbly and cake, the latter comprising three horse heads ('Kiwi', Leonie's horse 'Blossom 'Kal' and Lady', a top racer owned Catherine Wilson.) The cake, delivered by

Dale Pullins of Bushy Park fame, will be baked in his kitchen. As Catherine works for the SPCA, the event will also be a fundraising for them, with participants encouraged to give a koha for the cause. True to form, Leonie will

be doing nearly all the catering and organising. She had booked a marquee and a gazebo so the event will run, rain or shine.

As part of the celebrations, Leonie will be joined by Barbara Williams. Along with the late

Anne Lupton, the three of them were friends since they were five years old.

After her 80th, now 90th, what will Leonie plan for her 100th? She is thinking in terms of jumping out of a plane in a tandem skydive.

## Annual heritage tomato plants giveaway November 4

Research Trust Whanganui will be at the Saturday Market on 4 November, giving away 1400 free heirloom tomato plants. There will be five varieties, all chosen for their good levels of bioavailable lycopene.

Researchers at the Trust have been following the international tomato research and the potential of the powerful antioxi-

Volunteers for the Heritage Food Crops dant 'lycopene' to reduce the incidences of cancer. As Mark Christiansen, Research Director of the Trust, says, "The easier absorption of lycopene in these orange tomatoes will greatly enhance the chemotherapeutic effects against cancer cells.'

More details will be in next week's RCP, but keep 4 November free to receive your free heirloom tomato plants

### vious garden rambles as fundraisers. The latest in 2021 was sold out. This third ramble is on Saturday, 11 November, and it would pay to buy tickets sooner than later. Over 200

ready. The ramble will en-

compass 11 gardens and homes, with some homes or parts of them also open to be viewed. There will be some favourites from 2021, but a range of new ones from Fordell into

tickets have been sold al-

Fordell has run two pre-

The ramble opens at 9am and goes through to 4pm. Go to the school first to pick up your map.

Whanganui township.

Tickets cost \$40 and can be purchased from www. trybooking.co.nz/OJH. For an extra \$25 you can order a delicious picnic hamper for your lunch supplied by Honest Kitchen.

The event is sponsored by Bayleys Realty. Funds raised will go towards a new all-purpose Astro-turf for the school.

garden ramble returns

The school itself has

had significant in recent years, leading to some new facilities as leading well as an increase in student numbers to around

### 'igil for Gaza at Saturday market

Scott Taylor Moore was part of the Vigil for Gaza last Saturday and wrote to us as follows:

On Saturday morning at the Riverside market. what started with the quiet vigil of two nuns grew to 50 people as members of the Whanganui's Palestinian community and concerned citizens rallied in a peaceful gathering to create awareness of the dire situation in Gaza.

Whilst utterly demning the attacks of Hamas on 7 October, the people expressed their dismay and concern at the ongoing assault on the innocent within



The action attracted a wide mix of people, including Jews, Christians and Muslims from within Whanganui. There were

similar rallies throughout Aotearoa-NZ and the world.

There will be another gathering next Saturday

between 11am-12pm, near the tramshed on Taupo Quay, and all peaceful supporters of humanity are welcome.

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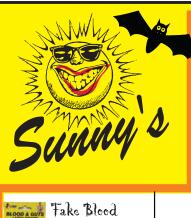
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# - Forum set to highlight tourism success -

Following four months of Whanganui topping the national tables for domestic tourism growth, the people responsible for promoting this beautiful city are delving into its visitor industry success.

Whanganui & Partners

Whanganui & Partners is the Regional Tourism Organisation responsible for enticing visitors to the region and enhancing Whanganui's reputation. The agency has invited guest speaker David Perks, Chair of Regional Tourism NZ, to its Public Forum to give an expert view of what's driving Whanganui's growth trend.

Its six-monthly Public Forums are an opportunity for the public to learn about Whanganui's economic position and the

work Whanganui & Partners does to support the local economy

cal economy.

Jonathan Sykes, Whanganui & Partners' Chief Executive, said accountability and transparency were important principles for the agency. Public Forums allowed the community to engage kanohi ki te kanohi (face-to-face).

"We're proud of the work we do and having an opportunity to speak with the public is invaluable. These forums are for them, it's a chance to ask questions of us and to learn more about how our economy is doing and how we can continue to improve."

Sykes said Whanganui's success as a destination was a compelling story to explore.

Autumn and winter are

usually comparatively quiet periods for visitors but Whanganui has recorded remarkable growth, leaping ahead of the other 30 regions on the tables.

Whanganui & Partners tracks 'visitor spend' to measure the economic impacts of tourists in the region. Working with its data partner Marketview, the Economic Development Agency is able to record growth in visitor spending and compare it against other regions.

Marketview's data is the basis for the Ministry of Business, Innovation and Employment's (MBIE) monthly consumer spend figures. MBIE then ranks visitor spend growth in New Zealand's 31 Regional Tourism Organisations – and Whanganui has been

coming up tops.

Whanganui topped MBIE's visitor spend growth table in April, May, June, and ranked second in July

Sykes, who was Whanganui & Partners' Strategic Lead of Marketing before being appointed CE, said the agency had been targeted in its use of central government funding boosts during the pandemic period.

"We put Whanganui on billboards, TV screens, in magazines, social media and newspapers and we saw the result of those efforts as we tracked significant increases in traffic to our website and online platforms. Our aim is always to raise Whanganui's profile as a place to visit, study, do business and live."

Sykes said the boost in visitor numbers and the momentum Whanganui was maintaining demonstrated how much visitors

enjoyed the region.

"The experience people have while they're here makes them more likely to return, speak highly and Whanganui to friends and family, and sometimes even consider moving to work or do business here."

Along with promoting Whanganui and its visitor industries, Whanganui

& Partners supports local businesses, the creative industries, agriculture and international education and capability building in the

Sykes said he was looking forward to talking about the impact of the agency's work across sectors.

region.

"Along with our visitor success, we have a lot of stories to share about businesses we've helped to establish, diversify and grow."

Whanganui & Partners' Public Forum is on November 2, beginning at 5.30, at Space Studio & Gallery on St Hill Street All are welcome and can RSVP at discoverwhanganui.nz/forum.

# New Rotary Book Exchange set up in Castlecliff



Rachel Stephenson with Kate Smith (Rotary's Book Fair Co-ordinator) and Linda Gibson (Book Fair volunteer).

Whanganui Rotary set up a free book exchange in the St Johns Hill Shopping Centre and, after its success, has set up a second one in Cross St, Castlecliff, next to Cliff Dental, thanks to the support of owner Hadleigh Reid.

The exchange was built by the Men's Shed and was painted in bright colours by local children, organised by Rachel Stephenson, who owns the Lady Bird shop in the group of shops opposite Te Kura Kaupapa Māori o Tupoho.

The book exchange has been stocked with books from the collection of books held by Whanganui Rotary in connection with their regular second-hand book sales. The plan is for people to take a book(s) and, if they have spare books of their own, to put those in the exchange. But that is not necessary, as Rotary members will be checking in to ensure that there is a good supply of books that appeal to a wide variety of people.









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### Tēnā koutou katoa

We have had an excellent series of Prizegivings and Awards evenings over the last two weeks and are looking forward to the final senior Year Level Prizegivings over the next few days. NCEA and Scholarship examinations will be the primary focus of our Year 11 to Year 13 students over the remainder of the academic school year. We extend our very best wishes to all examination students over the next few weeks. Prepare well and perform to the best of your own individual abilities

Ngā mihi nui Martin McAllen - Principal



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# ARGET SHOOTING

Congratulations to Connar Baldwin-Holly (Year 9) for winning 1st Place in the National Target Shooting TSNZ Challenge, Secondary Schools Postal Shooting Competition, Rested Grade.



College, and Nga Tawa showcased their redesigned Etcetera wedding dresses to taste of the excitement and challenges of the runway, nurturing their growth and anticipation for future creations. Looking back on a year of collaboration, we eagerly anticipate the innovations for the next Cancer Society Fashion event. Mrs Fecteau, TIC Fashion Design



# WHS ROWING

Te Atakura Hujarere Potaka-Osborne Milner-Skudder (Year 10) may have the longest name in New Zealand Rowing but certainly knows the shortest way to get to the finish when undertaking 100 metres on the indoor rowing machine. Te Atakura recently secured the New Zealand Lightweight (under 61.5kg) Championship record in the 13-14 year female age group, covering the distance under the watchful eye of Aramoho Whanganui Club rowing director Axel Dickinson.

Te Atakura continues her rowing development with her crewmates from Whanganui High School at the Aramoho Whanganui Rowing Club and is enthusiastically looking forward to the forthcoming summer regatta season where her competitive attributes can be further challenged



Wednesday 25 October

Friday 27 October Pasifika Awards

**Monday 30 October to** Friday 3 November Year 10 students sitting NCEA Numeracy & Literacy Assessments

### Tuesday, 31 October

Year 13 Breakfast

### **Wednesday 1 November**

Year 12 Prizegiving (1.30pm, School Hall)

### **Thursday 2 November**

### **Monday 6 November**

- Junior examinations NCEA & Scholarship

**Thursday 16 November** 

Saturday 18 November Year 8 Scholarships

## **Monday 20 November**

Teacher only Day
- Changes to NCEA

Friday 1 December examinations finish

### Friday 8 December

- Junior Prizegiving
   Last day of school for students



# INTERNATIONAL CHAMPIONSHIPS

A huge congratulations to Lucas Munn (Year 10) who won Gold representing New Zealand at the Queensland International Judo Championships in the cadets (under 18) under 90kgs bracket. Amazing achievement Lucas. Lucas is also representing New Zealand in Perth, Australia on 8th - 12th November competing in the Oceania Senior, Cadet and Junior Cup.

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# Resurfacing of Whanganui Airport's runway taking place

stay alert for heavy

night works begin.

Work to resurface the runway at Whanganui Airport has started this week as part of ongoing development at the airport. The runway was last resurfaced with chip-seal in 2007, and regular maintenance work to seal surface cracks has occurred each year since 2017. The new asphalt surface will ensure the continuing operation of the airport for all users for the next 15 years.

Whanganui District Council's general

manager - community property and places, Sarah O'Hagan, says, "Whanganui Airport is an essential part of our local infrastructure. Regular daily flights for visitors and commuters are provided by Air Chathams between Whanganui and Auckland, and the airport is also the base for Air Whanganui's air ambulance (medevac) service, the New Zealand International Commercial Pilot Academy, Mid West Helicopters and

Ravensdown Aerowork, among others.

Overnight work by contractor Fulton Hogan to resurface the runway began on Tuesday night, 24 October, and is expected to be completed by the end of November. Each night, up to 50 truck movements will transport approximately 600-tonnes of asphalt to be laid over 130m of the 1.4km-long runway.

The council's capital works manager, Rosemary Fletcher, says "Fulton Hogan will have about 50 personnel and 20 construction vehicles onsite each night during the work period to mill and reseal the runway surface in successive stages. The work will occur in five-day shifts from 6pm until 6am, Sunday evening through

Whanganui Airport runway to Friday morning.

Whanganui Airport manager Phil McBride, "If you live on or visit Wikitoria Road, Airport says, "To ensure Air Chathams' flights are Road, or any of the side roads in the area, please not affected by the work, the airport will vehicle activity once the close after the last passenger flight lands at 7.20pm and reopen the

following morning in time for the scheduled 6.45am flight to Auckland."

This project and the current upgrade of the airport's terminal building are being co-funded through the Whanganui

Airport Joint Venture between Whanganui District Council and Te Manatū Waka Ministry of Transport. For more information about these projects, please visit: www.whanganui.govt. nz/runway-project

### Recent RCP winner

The winner of the draw for a double pass to the Hello Comedy Show featuring Tom Sainsbury was Caitlin Penny. Thanks to all those who entered the draw. We have two more draws to be announced this Friday, and there will be another draw to enter for the Tribute to Neil Diamond show coming soon.

# Remembering Waiwera hot pools in its heyday

Demolition Waiwera Hot Pools complex north of Auckland began in August, some time after the once very popular attraction was closed in 2018. Despite promises of a fresh start, even involving a Russian billionaire. nothing happened, and the complex had badly deteriorated.

Many readers will remember stopping to go to the hot pools and experiencing the range of attractions they offered. One local will remember them more than most, as Vicky Rhodes was part of the extended Hartley family who owned and ran the complex back in the 1980s.

Her father-in-law at the time, Andrew Hartley, was an entrepreneur, involved in a wide range of ven-tures. "He started off," explains Vicki "when he imported the first machine to trim gorse fences in New Zealand and after being very successful, he sold it and bought the Bretts Hotel in Rotorua."

His next ventures were to buy a farm in Waiheke and then the Helensville Ther-







A postcard of Waiwera when it was owned by the Hartley family

mal Pool. It was a natural fit to then buy the Waiwera hot pools.

This was in the late 1970s. Vicki, who lived and worked there, describes the complex as follows:

"It had the highest hydro slide in the Southern Hemisphere and the largest games room in New Zealand with over 120 games. Apart from the public pools there were three private

party pools, saunas and BBO areas. Andrew also owned the Waiwera hotel, a café with mini-golf as well as 12 houses for staff members. It was a seven-day-a-week operation and was known as the Hartley Hot Pools. At its peak it attracted 350,000 visitors a year."

Ever the entrepreneur, Andrew sold the complex in early 1987, moving into running three video shops in Auckland before selling and buying a motel in Tamworth, Australia. He later returned to New Zealand to run a construction busi-

Vicki and her husband, Andrew's son, had managed one of the video stores. Vicki returned to Whanganui and is currently a sales consultant for the



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# Diwali to be celebrated this Saturday at War Memorial Centre

festival of lights with its variations also celebrated in other Indian religions, including Jainism, Sikhism and Buddhism. It symbolises the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance.

During the festival, celebrants illuminate their homes, temples and workspaces with lanterns. Diwali is also marked with fireworks and the decoration of floors with rangoli designs.

Food is a major focus, with families partaking in feasts and sharing mithai (sweets). The festival is an annual homecoming and bonding period not only for families, but also for communities and associations, particularly those

will organise activities, events and gatherings.

In Whanganui, thanks to the Lotus Women's Group, it will be celebrated on Saturday, 28 October, at the War Memorial Centre.

There will be a free vegetarian dinner along with sweets, from 5.30 to 6.30pm. Entertainment will follow with dancers coming from Auckland, Wellington

well as from Whanganui. As dance forms are very different in the different states of India, expect considerable variety as well as brilliant colours.

Geeta Singh from the Lotus Women says,

"Come and be one of us. You are more than welcome to dress in Indian clothing, or if not, try a bindi," which is a coloured dot or, in modern times, a sticker worn on the centre of the forehead." While a bindi is generally worn by

The evening is free

Women, their supporters and sponsors.



# Schools awarded funding to support sustainability projects

Council has awarded 25 grants to Enviroschools with environmental and sustainability projects for 2023.

The Pat Kelly Enviro-schools Action Fund supports sustainability projects from Enviroschools in the Horizons Region.

Horizons senior envi-ronmental educator and Regional Enviroschools Leader Sarah Williams say council received 31 applications, seeking a total of just over \$38,000 which is the most we have ever had since starting this fund in 2016.

"We were pleased to see a wide range of projects seeking support in this round of funding. Similar to last year, rainwater tanks and water conservation have continued to be popular projects, particularly with this year projected to be a dry summer with the El Nino.

"It has also been great to see a few more unique projects such as Brun-swick Schools' lavender garden for making lavender oil, and Marton Child-



Kimbolton Early Learning Ruahine Kindergarten Association with their new water tank and pump funded from the Pat Kelly Fund in 2022.

care Centre's leafcutter bee project.

"Unfortunately, only \$25,000 available some Enviroschools have out this time missed around"

The 2023 funding has been awarded to the fol-lowing Whanganui Envi-

Brunswick School (Whanganui) - to create a lavender garden for oil production

Westmere (Whanganui) - to create signage for native trees in their nature walk

• Tawhero School (Whanganui) – towards māra kai/garden supplies

### Photo returned to family

A local came to see us about two photographs she had picked up in a jumble sale a long time ago. She hoped that someone might recognise the picture of a woman and baby despite the photos having been taken such a long

time ago.
We published one

of the two photos in our issue of September 14 and it didn't take too long to get a response

It came from Rotorua. Deborah sent us a message to say "that people from all around Aotearoa" had phoned her aunt Kui or Cecilia, a daughter of our kuia, Aporonia, to ask whether the picture was of her mother and brother, Tony Pohe.

It was, and the RCP was pleased to be able to courier

the two photographs to Deborah.

The Whanganui woman who had had these photographs was "delighted" to hear that the people in the photographs had been found and that the photographs were now in possession of the family.



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# Whanganui councillors vote to establish Māori wards

Council has resolved to establish Māori wards for the 2025 and 2028 local government elections. The decision was made following a vote by councillors on 24 October.

Andrew Tripe Mayor says this marks a huge milestone for the Whanganui District Council.
"The aim of Māori wards

is to provide an opportunity for Māori to be fairly represented on the council. I hope the introduction of

District Māori wards will increase and individuals will not participation in our democracy and encourage Māori to share their views and aspirations. It will further help our elected members to consider these perspectives when making local government decisions.

"Māori wards do not replace the strong existing relationships the council has with Hapū, Iwi, Mana Whenua, Tangata When-ua, Māori individuals and Whānau, and our obligation to consult with these groups change with the decision to establish Māori wards. Instead, they can act as an additional mechanism within the council's decision-making process.'

The decision took place in the council chambers with each councillor sharing their view. A final vote resulted in eight councillors voting for Māori wards and five voting against establishing Māori wards. Mayor Andrew says that the majority of votes against were due also contacted and invited Māori wards to decide

most councillors agreed with. A number of councillors agreed to lobby central government to seek change in legislation.

A community consultation on the topic was held from 5 August to 8 September 2023. A small majority from the survey results supported the establishment of Māori wards. Twenty Hapū, thirteen Marae, two Iwi, and two Rūnanga were

to the view that the electoral to share their views. The council received formal letters of support from the two Iwi, and from Te Rūnanga o Tamaupoko who represent five Hapū from the middle section of the Whanganui river to Mount Ruapehu.

Four other Hapū also confirmed their support.

The decision whether or not to have Māori wards was up for review due to a recent change in government legislation that asks councils that do not have

whether to have specific Māori representation.

establishment Māori wards will feed into the upcoming representation review, which addresses how representation is arranged at the council. This review will look at the number of councillors, structure and naming of wards and whether community boards should be retained.

The council will likely have two Māori wards, based on a pre-set calculation by the Local Electoral

number of Māori and general electoral population in the city, relative to the number of councillors.

Electors enrolled on the Māori electoral roll will vote for Māori ward candidates, and electors on the general electoral roll will vote for general ward candidates. All electors vote for the Mayor.

Whanganui is the last council in the Manawatū-Whanganui region to establish Māori wards.



# Northern Classic Commerical Truck Run

**NOVEMBER 11/12** 



# The Northern Classic Commercial Truck Run coming to Whanganui November 11/12







The Northern Classic Commercial Truck Club was set up in 2006, covering the North Island. Every four years, they hold a North Island run, attracting 90 to 100 people in their trucks, including 20 from the South Island. The last was in the Coroman-

In between times, they like to organise about three to four more local runs each year, and the one on November 12 is focused on Whanganui.

Organiser Graeme Skou of Marton's G. K Skou Transport says he is expecting about 20 to 30 trucks with about 40 to 60 people, as each truck normally has two people travelling

The Truck Run starts on Saturday, November 11, at the Coachman's Museum in Fielding at 8am for breakfast and a look over the Museum, which costs \$10 to visit. The group will then visit Central House Movers Depot before heading off to Bulls to check out the 'House Farm' on the main road. As Graeme says, "We try to visit places of interest to big commercial truck drivers.

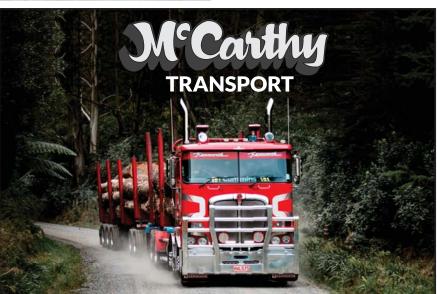
Then it is on to Marton to visit Rangitikei Machinery and Diesel, which is a large company working in logging and quarrying, complete with huge bulldozers and loaders, as well as a good range of vintage machinery.

After taking a diversion via the Turakina Valley, the trucks will arrive at Caroline's Boat Shed on Somme Parade for dinner.

They will be back at 8.30am for breakfast before heading off to Clive and Nikki Higgie's Paloma Gardens in Fordell, also home to their classic motorcycle gallery.

The trucks will go back via Turakina to Hunterville before arriving at Flat Hills for lunch and then back to where they

Any enquiries about the run can be directed to Fiona Reid on 021 901336.



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# **Northern Classic Commerical Truck Run**

**NOVEMBER 11/12** 

# Organiser's - Marton GK Skou **Transport**

Graeme Skou has run Marton's G K Skou Transport for 36 years They have a fleet of 12 trucks and are about to pick up their 13th. Graeme says, "We prefer Volvo and Hinau."

The main part of the business is transporting livestock and to AFFCO Whanganui, coming here three to four times a week.

engine. On these runs, he is not towing anything and so is able to do 3.8km to a litre of diesel. His favourite truck is his While the bulk of the

trucks on the run will be big ones, especially Chevies, there will also he utes of all shapes, sizes and ages. The idea is to come and enjoy.

which is now a 'vintage'

truck but with a 600HP

He says, "Our drivers are our front people. A good driver is one who also does good book-work and is good with people."

# View the trucks at Caroline's Boatshed

After taking a diversion via the Turakina Valley, the trucks will arrive at Caroline's Boat Shed on Somme Parade for dinner

on November 11. They will be back at 8.30am for breakfast, November 12



Graeme Skou with Caroline, owner of The Boatshed Bar and Eat-ery, Somme Parade.

**BALGOWNIE CRANES**im Proud to support the Classic Truck Run **PHONE 344 6774 or call** RENEE 021 143 0321



### **Northern Classic Truck Run Breakfast** Sunday 12th November, 8am

Come and view all the trucks and enjoy some delicious food afterwards!

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Caroline's Boatshed Bar









# **Northern Classic Commerical Truck Run NOVEMBER 11/12**









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# PINK RIBBON STREET APPEAL

This Friday & Saturday, October 27 & 28

or donate online at

www.breastcancerfoundation.org.nz/campaign/street-appeal23

### Region's mayors call on locals to support the Pink Ribbon St Appeal the streets all over New breast cancer (and other

tion NZ is delighted to have the backing of the Ruapehu, Whanganui and Rangitīkei mayors, who are encouraging lo-

cals to donate to the charity's Pink Ribbon Street Appeal next week.

On Friday, 27, and Saturday, 28 October, 10,000 volunteers will be hitting

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Zealand to raise vital funds for breast cancer research, education and patient support.

Ruapehu Mayor Weston Kirton says: "As a nation, we today collectively unite to support those effected by breast cancer. Our thoughts reach out to those who are survivors. and we also remember those who lost the battle. What we strive for as a community is public awareness through fundraising.

"Generous donors can make a positive difference in both the wellbeing of sufferers and scientific research. Thank you in advance for your financial and moral support.'

Whanganui Mayor Andrew Tripe says: "It is likely that you know someone who has been diagnosed or lost their life to breast cancer. I have my own connections and many others I speak to do as well. The reality is

cancers) can be caught early, meaning a greater chance of full recovery and an improved outcome in general."

Rangitikei Mayor Andy Watson says: "Publicity is the key, breast cancer is survivable and if I can help with the message I can help save lives. Why would I not be part of that?"

Breast Cancer Foundation NZ's chief executive, Ah-Leen Rayner, says: "We're asking everyone in Whanganui to show some love for Kiwis af-fected by breast cancer by donating to our Pink Ribbon Street Appeal, and we're so grateful to have Mayors Kirton, Tripe and Watson join our call.

"As a charity doesn't receive any government funding, it's only thanks to the generosity of New Zealanders that we can carry out our life-saving work. Your donations will bring us closer to our vision of zero deaths from breast cancer."

Every year, around 55 women are diagnosed with breast cancer in the

Whanganui region. All of the money raised from the Pink Ribbon Street Appeal goes towards Breast Cancer Foundation NZ's work to advance breast cancer research, educate Kiwis about the importance of early detection,

support and patients through their treatment and recovery.

to the Pink Ribbon Street Appeal through volunteer collectors who will be out in force shaking pink

on 27 and 28 October or online at bcf.org.nz/ streetappeal23

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# **Breast Cancer** Foundation NZ

# PINK RIBBON STREET APPEAL

This Friday & Saturday, October 27 & 28

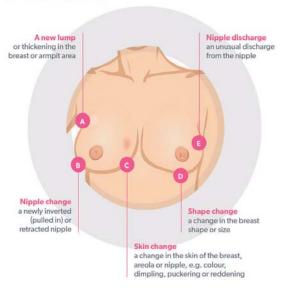
or donate online at

www.breastcancerfoundation.org.nz/campaign/street-appeal23

# NZ breast cancer statistics show nine women a day diagnosed

# **Be Breast Aware**

**Breast Cancer** Foundation NZ



If you notice any new or unusual changes, show your doctor



For advice call our breast nurse, freephone **0800 BC NURSE** (0800 226 8773) or visit **www.breastcancerfoundation.org.nz** 



Are you aged between 45 and 69? Enrol for free mammograms 0800 270 200 or register online at www.timetoscreen.nz





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- most common cancer for Kiwi women and the third most common cancer overall.
- More than 3,300 women across the country are diagnosed with breast cancer every year (that's 9 women a day). One Māori woman a day will be diagnosed. Twentyfive men are diagnosed each year too.
- · We still lose more than 650 Kiwi women a year to breast cancer
- · Breast cancer in vounger women is less common, but it does tend to be more aggressive. Out of the 3,300 women in NZ diagnosed every year, 11% (350) of them will be under 45.
- Wāhine Māori are 35% more likely to be diagnosed with breast cancer and 65% more likely to die. Yet when cancers are found on a mammogram, Māori 10year survival is the same as Pākehā (92%).
- The 10-year survival rate, if breast cancer is detected by mammogram is 92%, but this falls to 75% if a woman finds a lump.
- · Breast cancer is most treatable when it's found early. Women should be breast aware from age 20, which means you need to know the normal look and feel of your breasts, so you can tell your doctor if there are any
- Breast Cancer Foundation NZ recommends considering annual mam-

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Look. Look in a mirror. Raise your arms above your head. Does this change the appearance of your breasts or nipples?

Check. Check your doctor. Check any breast changes with your doctor, even if you've had a mammogram re-

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mograms from 40-49, then every two years from 50. Free mammograms through Breast-Screen Aotearoa are available when you're 45-69, and the Government has committed to extending the age to 74.

Credit: www.breastcancerfoundation.org.nz



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# Local candidate votes won per polling booth

Candidates standing in the Whanganui Electorate: (NZF) New Zealand First Party – William ARNOLD; (NAT) National Party – Carl BATES; (ACT) Act Party – Craig DREDGE; (AJ) Animal Justice Party – Sandra KYLE; (LAB) Labour Party – Steph LEWIS; (GRNS) Green Party – Marion SANSON

(2023 General Election, Preliminary Results)	NZF	NAT	ACT	AJ	LAB	GRNS	Total valid andidate votes
ADVANCE VOTING PLACES Aramoho Aramoho School Hall Gonville Baden Powell Scout Hall Springvale Jubilee Stadium Whanganui Hospitals and Care Homes - North, Team 2 Whanganui Hospitals and Care Homes Team, Team 1 Tawhero Whanganui Cook Island Community HalL Whanganui St Andrew's Presbyterian Church Whanganui St Mary's Church Hall Whanganui East Hakeke Street Community Centre VOTING PLACES	49 165 139 12 17 81 89 126 104	230 583 1338 68 55 256 636 1372 572	2 2 23 45	5 16 15 1 4 8 12 18	322 817 780 47 105 447 527 1069 598	36 79 92 3 6 43 71 107 69	672 1703 2433 133 189 858 1380 2747 1395
Aberfeldy Aberfeldy School Aramoho Aramoho School Hall Aramoho Churton School Brunswick Brunswick Hall Castlecliff Castlecliff School Castlecliff Castlecliff School Castlecliff Te Kura Kaupapa Māori o Tupoho Durie Hill Durie Hill School Fordell Fordell Community Hall Gonville Baden Powell Scout Hall Gonville St Peter's Parish Hall Kai Iwi Kai Iwi Community Hall Kai Iwi Kai Iwi Community Hall Kaitoke Kaitoke School Putiki Te Kura Kaupapa Māori o Te Atihaunui-A-Pāpārangi Ranana Te Kura o Wainui-ā-Rua Springvale Jubilee Stadium St Johns Hill St Johns Hill School Tawhero Tawhero School Tawhero Tawhero School Waverley Waverley Primary School Westmere Mosston School Westmere Westmere School Whanganui Carlton School Whanganui Carlton School Whanganui Carlton School Whanganui Keith Street School Whanganui Keith Street School Whanganui Rangahaua Marae Wharekai, Tupoho Complex Whanganui St Andrew's Presbyterian Church	0 18 25 12 14 44 41 11 30 31 12 9 31 11 0 40 32 26 26 43 16 26 30 21 24 7 7 39	12 73 105 127 67 98 11 212 116 96 79 258 212 381 44 69 201 135 283 129 97 85 119 133	0 7 114 111 9 113 1 111 110 110 9 8 8 10 4 4 0 115 119 22 6 6 2 7 7 211 111 116 8 8 9 9 7	0 4 3 0 1 7 0 6 0 0 5 6 0 0 0 3 8 8 5 4 4 4 1 1 3 0 2 2 2 3 5 5 0 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	2 101 102 23 90 182 26 162 27 163 99 29 30 41 11 122 206 169 93 102 76 82 155 92 155 92 118	0 16 20 4 19 21 6 34 5 26 13 6 6 4 0 14 37 26 16 14 12 12 12 23 9 24 15 20 18 20 18 20 18 20 20 20 20 20 20 20 20 20 20 20 20 20	14 219 269 177 200 365 55 455 182 274 151 135 113 452 514 629 234 190 131 382 261 418 348 237 301 53 317
Whanganui St Mary's Church Hall Whanganui Whanganui City College Whanganui East Hakeke Street Community Centre Whanganui East St Anne's Catholic School Whanganui East Whanganui East School Whanganui East Whanganui Girls' College	24 18 16 11 33 47	130 140 38 138 116 187	10 4 6 11 14 7	5 2 1 3 2	120 99 73 100 161 177	21 15 7 18 22 36	310 279 142 279 349 456



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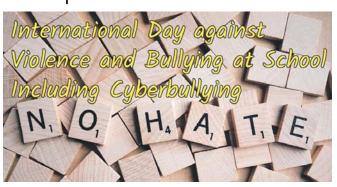






International day against violence and bullying at school including cyberbullying.

# Rates of bullying in schools is high compared with other countries



The International Day Against Violence and Bullying at School, in-cluding Cyberbullying is celebrated every year on the first Thursday of November – which for 2023 Is Thursday 2 November.

Bullying happens at every school. It takes many forms - physical, verbal and social and it can happen in person, online and even via text message.

Studies show children and young people who are bullied are more likely to be depressed, lonely or anxious; to have low selfesteem and to struggle academically; dislike school and miss classes; distrust peers and have problems making friends; and experience declined mental and emotional health. The Youth 2000

surveys, carried out in 2001, 2007, 2012 and 2019 by the Adolescent Health Research Group at Auckland University, have found little change in rates of bullying in New Zealand schools over the past decade, with the exception of cyberbullying, which is on the rise

International reports show rates of bullying in New Zealand schools are high compared with many other countries and have been rais ing since the last PISA study 2015.

The website https:// bullyingfree.nz/ has some important recommendations about bullying prevention strategies as follows:

Bullying prevention strategies are most effective when they are integrated into a broad range of activities that promote a positive. inclusive learning environment. Strong

leadership and staff who model these positive values and behaviours are essential. In a whole-school approach, bullying prevention is everyone's business, involving all staff, students, boards, parents and the wider community and making sure everyone knows and supports their school's strategies and approach to bullying.

# The key elements of an effective bullying prevention approach

- 1. Bullying prevention that is a permanent part of the school environment, not a temporary remedial programme.
- 2. Strategies and practices that are comprehensive and embedded, not fragmented or 'added-on'
- 3. Information on the nature and dynamics of bullying that is easy to understand for the whole-school community, who all respond effectively when they see or experience bullying.
- 4. Bullying prevention material needs to be provided in multiple ways (e.g., curriculum, policies, parent infor-

mation) and co-ordinate with other existing programmes

5. Approaches that have a positive effect on students and on the school climate and go beyond the problem of bullying

### **Bullying preven**tion -- What doesn't work? There are common

and avoidable misdirections in bullying prevention, including Zero tolerance and

- disciplinary measures (i.e., school suspensions and expulsions) • Expecting students to solve bullying prob-
- lems by themselves Telling students to avoid social media
- as a way of avoiding cyberbullying Providing one-off activities (i.e., one-shot

assemblies or a short

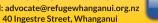
- motivational speech) · Pulling a few bits and pieces from a programme, or small, piecemeal and uncoor-
- dinated approaches · Dealing with individual students who are bullying or being bullied – everyone needs to be involved in bullying prevention.



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# Trunk or Treat at the Bason Botanic Gardens for Halloween Trunk or Treat is a safe hanau Beach. It will be There will be someone distickers, balloons, etc), and leave by 8pm. (The responsible for any children dren in your care. There

family-friendly way to trick or treat on Halloween. It will be happening on Tuesday, 31 October, from 6pm to 7.30pm at the Bason Botanic Gardens on the road to Mow-

working as follows:

· Come 6pm, park your car around the edges of the lawn as part of a large circle, with your trunk (boot) facing towards the lawn.

if there is a need to create internal parking spaces.

 Each family must decorate their trunk and bring treats for the other participants (candy, fruit,

- · Trunk or Treating will start from 6.30pm, and kids can visit the trunk of each car for a treat.
- Pack up around 7.30pm

gold coin donation per family is appreciated and will be donated to the Kaitoke School New Bus Fund. Look out for the collection jar or use the Givealittle page link – https://givealittle.co.nz/ cause/kaitoke-school.

The organisers ask you to remember that you are

is water nearby and moving cars, so please supervise your children. They also ask drivers to drive slowly and watch out for children.

As there is likely to be a lot of rubbish, they also appeal for everyone to take any rubbish home with them.

For those planning to go trick or treating around Whanganui, there is a 'Hallow-een Friendly Houses Whanganui 2023' Fa cebook page. Last year, up to 40 houses were decorated especially for Halloween, and organisers expect a simi-lar number this year.



21A Carlton Ave., which is normally decorated for Halloween.

### Lunchtime organ concert next Wednesday

Iain Tetley has established himself in the musical life of the city of Whanganui since moving here from Pukekohe in 2018. He has been the conductor of the local choir Schola Sacra since 2019 and of the Whanganui Collegiate School Chapel Choir since 2021.

His performances include:

- Conducting the Mozart Requiem with Schola Sacra and full orchestra in Big School at Whanganui
- Collegiate in 2020,
   Combining three local choirs and Brass Whanganui to conduct The Armed Man: A Mass for
- Peace on Anzac Day 2021,
   Conducting a very successful concert of Coronation music with Schola Sacra in July this year and
- in August, taking the Collegiate Chapel Choir to sing an Evensong service in Wellington Cathedral.

He also sings as a tenor soloist in concerts around the country, from Auckland to Dunedin. His most recent large-scale venture was singing as the Evange-list in a performance of the Bach St Matthew Passion with Auckland Choral, and also as the Evangelist in Bach's Christmas Oratorio with Auckland specialist choir Bach Musica in December, both occasions in the Auckland Town Hall.

He was also seen by en-thusiastic audiences of Amdram Whanganui's production of The Phantom of the Opera in March this year, playing the role of the Phantom, an experience he very much enjoyed.

On the first day of next month, he will be turn-ing his attention towards

performing on the organ, playing a short lunchtime organ recital at Christ Church, 243 Wicksteed Street. This is the final recital

for 2023 of an ongoing series of monthly half-hour concerts, raising funds for the organ's maintenance to keep it in good repair, to support its use by as many people as possible as a community instru-ment, and to ensure its future. The concert starts at 12.15pm on Wednesday, 1 November. Entry is by koha, and all music enthusiasts are welcome.



Organist Iain Tetley

# Be Your Own Boss workshop for entrepreneurs

An exciting collaboration between The J R McKenzie Trust and Thrive Whanganui is set to ignite entrepreneurial dreams in Whanganui with the two-day start-up workshop, "Be Your Own Boss - Whakaterea Te Moemoeā," scheduled for November 25 and 26, 2023, at Te Manu Atatū -Whanganui Maori Business Network, 12/14 Drews Avenue.

Participants in this inspiring wananga will embark on a transformative journey where they will discover how to research their business idea, strengthening it beyond theory and into actionable plans. Practical research skills will be shared to directly benefit participants' business ideas.

Participants will also gain access to valuable tools and resources, including helpful worksheets and information for continued progress. "As we always say at Thrive: Knowledge is the key to unlocking your potential," emphasises Elise Goodge, the Programme and

Partnerships Lead for Thrive Whan-

This event seeks to create a supportive environment where entrepreneurs can explore their aspirations, feel connected, and take decisive steps toward realising their business dreams. This workshop is open to all. We particularly encourage indigenous Maori entrepreneurs to participate.

Event Details and Registration Where: Te Manu Atatū - Whanganui Maori Business Network, 12/14 Drews Avenue, Whanganui 4500

When: November 25 - 26, 2023 Cost: \$20 for the two days (includes meals), with limited accommodation and transport packages available for those travelling from Rangitīkei or Ruapehu.

RSVP: Reserve your spot today by calling/texting 027 302 0979 or emailing kiaora@thrivenow.org.nz

For more information and updates, visit the Thrive Whanganui event page on Facebook.



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18 - RIVER CITY PRESS, THURSDAY, OCTOBER 26, 2023

# Five local senior Rangers achieve top award in Girl Guiding

Award is the top award in Girl Guiding. It was introduced in 1946 and is recognised by Girl Guiding organisations throughout the world.

Five local senior rangers have recently achieved Queen's Guide award. They are Brianna Lindsay, Jeannie Hird, Autumn Lilley, Charlotte Hardy and Izzy Hollard. Considering Whanganui did not have a Ranger unit for some time prior to these five becoming Rangers in 2019, this is a significant achievement.

On top of that, the Rangers have also had significant other commitments outside of guiding. Some are prefects of their high schools, involved in dancing, theatre and wearable arts, have performed at Rockquest, are sportswomen, and are also part-time workers.

Brianna, Jeannie and Izzy attend Whanganui Girls' College and Au-tumn and Charlotte attend Whanganui High School. Some of the Rangers have been involved in Guiding since Pippin level, 5 to 6 years old. Two of the Rangers, Jeannie and Brianna, still volunteer as leaders of the Brownie and Pippin units.

At the Awards Ceremony were the Rangers' families, and local guiding leaders who have

supported them on their journey. The Rangers will now have the opportunity to (as Brianna has already done) attend a special Queen's Guide ceremony at Government House in Wellington, hosted by the Governor-General.

What does it take to achieve the Queen's Guide? For a starter, it takes at least four years to complete. To achieve the award, rangers must:

- Complete 12 interest certificates on various subjects; for example, outdoor cooking, charity fundraising, governance, visual art, or languages. certificate Each takes around one school term to complete.

Complete leadership clauses every year. This begins with learning how to be an effective leader. By their last year, the rangers were regular leaders of younger guiding units, were organising and running outdoor guiding events, and were taking up leadership roles in local theatre or political groups.

- Perform annual comand volunteer work and design advocacy projects on causes they care about. The Rangers gathered donations Foster Hope NZ, collected for Heart Kids NZ, volunteered at the annual Whanganui City Mission Food Bank Drive, and created wellbeing bookmarks with

supportive messages and service links to be placed in local school libraries and public libraries.

- Set a personal goal and learn a significant new skill of their choice. For example, a Wearable Arts project or completing the Tongariro Crossing.

Attend a Queen's Guide retreat somewhere in the country with other Rangers

Completing a Queen's Guide Award demonstrates skills of teamwork, leadership, community service, and commitment, which can be used in all areas of life.

Anyone interested in Guiding can locate the nearest unit and their contact details at www.girlguiding.org.nz

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Brianna Lindsay, Jeannie Hird, Autumn Lilley, Charlotte Hardy, and Izzy Hollard

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# Local riders come back with awards from the Manawatū Show Hunter Champs

A team of eight riders from Wanganui Petre Pony Club rode to success after they competed at the Manawatū Show Hunter Champs in Foxton from September 29th October 1st. They came home as the overall team champions and also received the prestigious horse mastership awards as well as many individual awards for their eques-trian efforts. Under the expert eye of team coach Sonya Glennie, our riders trained hard to develop their skills and expand on their Show Hunter knowledge.

This equestrian event attracts Pony Club teams from all over the North Island and is an eagerly anticipated event on the Pony Club calendar. Over the course of the three-day event, 21 teams rode in five different classes, scoring points which contributed to the overall score of each team, with Petre Pony Club coming

out on top. Each team consisted of eight riders who rode in different categories according to the stride of their ponies

CATEGORY A - Rokeya Fletcher and Apache, Aimee Tetzlaff and Cookies and Cream

CATEGORY B - Charlie Stone and Tawa, Isla Carver and Teina

CATEGORY C - Phoebe Rickard and Galaxy Little Nut Brown, Lily McIntyre and Galaxy Fever Pitch HACKS - Ella Kingston

and Caramel Kiss DRAFT RIDER - Asta

Norman and Polly

A show hunter is judged on jumping style, way of going, manners and ability to maintain an even pace over a course of at least eight fences. It is the technical art of jumping, where, in addition to leaving the rails up, the horse must ride a predetermined number of strides between related fences and maintain an even rhythm develops the relationship between horse and rider and is a breeding ground for our potential stars of the future.

Heading off to such an event is an achievement within itself, and our riders were in awe of the size of this event. The atmosphere was something else as the riders all came together for the love of riding. This event was a first for many of our riders and it certainly was a wonder-ful way to have fun, connect with the wider community, make new friends and build on skills.

The three days of riding and camping was a family affair with lots of parent support and our very committed groom, Stella Williamson, who came down to support her teammates. Our team mascot, Peter the lamb, enjoyed the show as much as the riders.

This year marked the 15th Anniversary for this throughout the round. It event, which made it ex-

to attend these two matches. To get to the

grounds, turn left at Te

Criterion Street.

Matapihi, the Bulls Com-

munity Centre building on



Photo credit: Photographer Alison Price - Spot On Photo

run by an amazing group of volunteers from the Manawatū Pony Club and supported by many equestrian businesses.

Winning the prestigious horse mastership award for their overall team spirit, horsemanship, positive conduct and for upholding the fair play charter throughout the event was

tra special. This event is a real highlight and a massive achievement for our young riders.

Petre Pony Club are looking forward to an exciting season ahead and looks forward to participating in more team events that are coming up on the calendar. If you would like to learn more about Petre Pony Club please message us via our Facebook page.

### Swimming success

Paige Conley, the recent recipient of the Manawatū Junior Swimmer of the Year award, took out first place in the 14 years 100m Backstroke, Butterfly and Free-style events and 200m Backstroke and Freestyle. Georgia Abraham (17), returning to the pool after a period of absence, was still fast enough in the women's 15 & over division to take out first place in each of the 50m and 100m individual events she entered.

Steelformers West Coast Champs gave swimmers of all levels a chance to showcase all they have been learning in training. Whanganui's youngest swimmer taking part, Heidi Bennetts (7), took 6.5 seconds off both her 50m Freestyle and 50m Backstroke PBs, and 8-year-olds Taven Alderton and Maia Paki slashed their own 50m Freestyle PBs by 6.3 seconds and 4.4 seconds re-

The junior swim team (12 & under) is particularly strong in numbers just now, growing under head coach Richard Gheel's experience. Gheel has coached for more than 30 years, having represented Ireland at the 1988 Seoul Olympic Games. He also held the 100m and 200m backstroke records for Northern Ireland for 30 years.

Some of the junior squads are also coached by Verena Nowak whose passion for teaching children to learn to swim shines through during training sessions. The next focal meet for junior swimmers is the All Stars Junior Festival in Wellington in November, where last year the team took out the national award for the highest number of PBs in the 101-200 entries group.

The senior swimmers, aged 13 and over, are working towards December's Hawkes Bay Summer Long Course (50m) Champs and are chipping away at qualifying times for the National Age Group Champs in April and Division II Competition in May

The Whanganui Swimming Club is very appreciative of all community support and would like to thank all the sponsors and volunteers who contributed to the success of the Steelformers West Coast Champs.

# Pigeon racing results

The St Johns Club Wanganui Pigeon Racing Adjunct held it's fifth race of the season with a race from Waitara. The race attracted 92 pigeons from 6 flyers. The winning pigeon, from the loft of Shane Gudopp, covered the 152 km airline (to Marton), in 2hr 4min 35sec for an average speed of 1222.73 meters per minute or 73.36 kph. The pigeons experienced fine weather on their flights to Whanganui 122km, Waverley 96km, and Marton.

### Results were:

Results were:
Shane Gudopp (Marton) 1222.73mpm or 73.36kph;
Brent Miller (Waverley) 1211.78mpm or 72.70kph;
Dave Lacy (Whanganui) 1199.93mpm or 72.00kph;
B and A Fairweather (Whanganui) 1198.70mpm
or 71.92kph; Benedict Galanida (Whanganui)
1167.05mpm or 60kph
1150.06mpm or 60kph 1150.06mpm or 69kph.

# Golf results

Wanganui Golf Club 9 Hole

Canadian Foursomes - P McDowell & R Bourne (Net 35); K Bukholt & C Prichard Net 38). 17/10/23 Clubs & Putter: J Thomson (35); L Dunlop (37); Mangan (38). 24/10/23 Criers Day: L Dunlop (net 21); P McDowell (net 22). Championship - Silver Division: K How B L Steward 3 Up Bronze Division: D Harrison B P McDowell 1 up

Castlecliff 9 Hole Club

Thursday, 19 October, Putting

Ladies: Joan Coxon 16 c/b, Anneke Van Dam 16, Jan greenside 17. Men: Pat Ryan 14, Allen Wills 15, Rodney Mence 16 c/b. **Raffle**: Tony Hore

### Tawhero Golf results

20 October 2023 Friday Twilight 6 Hole Ambrose: Trevor Sammons & Matt Sammons, 17.9 Billy Beck &

Lachlan Howe 18.3, Dave Johnston & Tom Clark 22. 21 October 2023 Saturday 9 Hole Haggle [stable-ford] Billy Beck 18, Dave Johnston 16, Jan Crossan 15. 24 October 2023 Tuesday 9 Hole Munroe Rose**bowl Round 1**:[stableford] **Men's Division 1**: Tom Clark 18, Dave Johnston 17, Billy Beck 15.

Men's Division 2: John Deighton 17, Bob McIntyre 15. Women's Division 1: Bernadette Hadfield 20, Jan Crossan 20. Women's Division 2: Priscilla Fonseka 22.

Upcoming Events:
Twilight 2 Team 6 Hole Ambrose Friday's Tee off from 3.30pm. No more Friday haggle moved to Saturday's 9/18-hole \$5 Haggle Tee off 7.30am-12.30pm. Summer membership affiliated \$265 1st October 2023 - 31st March 2024

### Inaugural tri-nations airforce rugby league tournament Loser game 1 –Bulls Rugby Football Club, 30 October, 3.30pm The public is welcome

Game 3: RNZAF vs

Winner game 1 - Bulls

Rugby Football Club, 1

November, 2.30pm

The Royal New Zealand Air Force (RNZAF) is hosting the inaugural Tri-nations Rugby League Tournament between the RNZAF, Royal Australian Air Force and the Royal Air Force.

This event, to be held every two years, will enable a new avenue for building international military relationships and continue to maintain the strong networking relationships, while also contributing toward positive camaraderie between all nations through Rugby League.

The games will be played at RNZAF Base Auckland and the Bulls Rugby Football Club Grounds, near RNZAF Base Ohakea.

Game 1 will be in Auckland, while games 2 and 3 will be at Bulls. The dates and times are as follows:

Game 2: RNZAF vs



Bulls - the venue for two games next week

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# Vincent Meats Home Kill offers different options

Vincent Meats, operated by Darryl and Paula Vincent, on Reynolds Road Turakina has been in the home-kill business for 14 years. Darryl was able to bring his skills as a qualified butcher and sheep and cattle farmer to the business and is now one of the few home kill operations in the region.

There are a number of options for lifestylers who have anything from one to 20 animals, which need to be made into meat for themselves.

Darryl can go to the property with his truck, do the kill and return to his base to do the butchery and have the meat kept in his chiller. The second option is for Darryl to pick up the animals and bring them back to base, while the third option is for the customer to drop the animal(s) off themselves. "This is the most popular approach now,' he says

There is both the economic and taste appeal



of home-killed meat. Home-killed meat will be significantly cheaper than if you had to buy the cuts from the supermarket. You also know where your meat is coming from, especially if you prefer meat from animals brought up on organic food.

Darryl has celiac issues and so is rigorously gluten-free in everything he does.

Vincent Meats also offers to produce small goods (sausages, meat

Sports Talk

patties and salami) from the meat you have supplied.

Another offer is to buy calves off them, rearing them and returning for home-kill. Yet another option is to buy one of their calves, pay a monthly grazing fee and have Darryl and Paula bring up the animals for 18 months before they can be home-killed for

Hunters also use Vincent Meats to butcher their deer.

> with Jared Smith

### NZ Heartland XV team named

Paris on Sunday morning to see whether the All Blacks or Springboks become four-time world champions, some of our final. local talent have their up with next week.

At the conclusion of the 2023 Bunnings Ware-house Heartland Championship with Steelform Whanganui runners-up in the Meads Cup for the second year in a row, the NZ Heartland XV was named to prepare for two end-of-season matches.

places from the past two years are Whanganui captain Dane Whale and halfback Lindsay Horrocks, Therefore, the only glar-who played his 100th ing omission, once again, match for the union this is Whanganui's nuggety campaign.

Joining them are utility back Peceli Malanicagi, lock Peter-Travis Hay-Horton and loose forward Doug Horrocks, among 11 debutants.

Having five players in the squad is the second highest of the 12 Heartland provinces, behind three-peat Meads Cup winners South Canterbury with seven.

To my mind, these five are the strongest selec- Horrocks are cousins -

While all New Zealand tions after each of them rugby eyes will be on had standout campaigns for Whanganui, who overcame losing two of their first three games to earn their into another Meads way

Of the team's other standown black jerseys to suit outs, prop Raymond Salu, who had a breakout year after not being initially selected, still affiliates to his native Samoa, having returned to Whanganui this year after three years offshore due to the Covid restrictions.

The same is true for Player of the Year Alekesio Vakarorogo, who scored 13 Retaining their squad tries in the campaign, including a record five in one match, yet remains affiliated to his native Fiji.

flanker Jamie Hughes.

Vice-captain this season, Hughes like his team, started a little slowly, but that was due to having been injured in the first preseason match.

It was no coincidence that when Whanganui hit their stride was when Hughes was back to full fitness, working with Doug Horrocks to really lift the loose forwards group.

Both Doug and Lindsay

rare achievement to have two family members in the team at once -which nearly occurred last year when Dane Whale's younger brother Ben was in the non-travelling in-

jury-standby group.
Lindsay Horrocks has nine appearances for the NZ Heartland XV, having debuted in 2015.

'It's invaluable to have Lindsay and William [Wright] onboard as they know what's expected when we get into a camp like this," said returning NZ Heartland coach Nigel Walsh, from South Canterbury.

"They're good leaders and have a lot of mana from players and coaches

around them.
"They've been in and around the Heartland scene for a long time now and have proven their worth, which is why they've been selected.

"I'm pleased to have Sam Briggs and Dane Whale as part of the campaign, who will be key game drivers for our team," Walsh added.

The squad will play a Canterbury Develop-ment side in Methven on November 1st, then the

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and growing.
The local chapter has

# Do you own a British, European or American Racing Series bike? Join the 13th annual Dice Run

The Triumph Riders Motorcycle Club Wanganui Chapter is having their 13th Annual Dice Run on Saturday, November 11. It is for 'Bears' bikes only -British, European, American Racing Series and the cost is \$30 per person.

The dice are rolled at the start of the trip, which is at Caltex, Victoria Ave, at each of the stops, and again when they return home to their base in Barracks Bunker, St Hill Street in Whanganui. The riders are told at each stop where the next stop will be. The rider with the highest number each time will win \$100. There will also be a major prize for the overall winner.

Over 100 riders are expected to take part including members of other chapters throughout the North Island and even a few from the South Island. Registration is from 8.30am at the Caltex Station on Victoria Ave and the run starts at 10am. Lunch will be halfway through the ride, and the

fun should be completed over 450 members overall by 4 to 5pm. There will be a BBQ afterwards (which is included in the registration cost).

Triumph Riders around the country, including the country, including Auckland, Waikato, Bay of Plenty, Hawkes Bay, Manawatū, Wellington, Christchurch. Westport, Nelson/ Marlborough. Tasman Bay, Otago and Northland - but Wanganui was the founding chapter in 2011. Growth in numbers is impressive, with

about 35 members. They meet every second Sunday There are 18 chapters of



For more information

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The members are look-

ing forward to their 13th



A previous motorbike event



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### Jumbo crossword

ACROSS
1 At top speed
(4,1,3,3,2,4)
10 Put together (8)
15 Leapt (6)
16 Diva (5.5)

17 Statuette (8)
19 Hospital attendant
(7)
21 Uncooked bread (5)
22 Very profitable (9)

22 Very profitable (9 25 Keeps in good condition (9) 27 Church kneeling cushion (7)

29 Eight-note interval (6) 33 Waterway (5)

34 Beefy (8)36 Sealed against moisture (10)39 Unit of electrical resistance (3)

41 Young hare (7)42 Remnants (6)43 Unsusceptible to (6)44 Matter from volcano

(4)45 Rattles (anag)(7)48 Blew hot and cold (10)

53 Long steps (7)57 Paper quantity (4)58 Black eye (6)

59 Vague idea (6)60 Extraordinary (7)62 Layatory (3)

62 Lavatory (3)64 Painstaking (10)65 Women's

underwear (8)

**66** Lane (5)

69 Customer (6)70 Brief garment (1-6)71 About to happen (9)

71 About to happen (9)76 Crisis (9)77 Theatre platform (5)

77 Theatre platform (5) 78 Contagious disease (7) 83 Overwhelmed with

emotion (8) 84 Place to sign (6,4) 85 Waterproof jacket

(6) 86 Death (8) 87 Earn a favour or benefit by providing a service in return

(4,3,4,6) **DOWN** 2 Tainted (6)

3 Rub out (5) 4 Colossal (3) 5 Adhesive strip (4)

6 One-horned creature (7)
7 Citrus fruit (6)
8 Barb (4)

9 One skilled in languages (8)
11 Evasive (6)

12 Beat about the bush (10)

13 Prison on warship (4)

14 Lift (7) 18 Declared officially

(10) **20** Touch down (4)

23 Entire range (5) 24 Advance troops (8) 26 Non-professional

28 Spray can (7) 30 Song of mourning

(6)
31 Acid neutraliser (6)
32 Court game (6)

32 Court game (6) 35 Hot drink (5) 37 Defrosts (5)

38 Business transaction (4)

**40** Money plant (4) **45** Hessian (5)

46 Slaughterhouse (8)47 Breathe out (6)48 Defeated thoroughly (10)

49 Ringlet (4) 50 Wool fat (7)

51 Be at (6)52 Draw forth (5)54 Shade of colour (4)

55 Pancreas product(7)56 Tooth coating (6)

61 Cost-effective (10) 63 Compare (5)

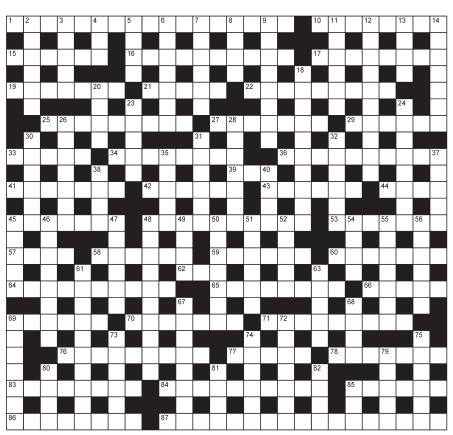
67 Green vegetable (8)68 Unoccupied (4)69 Cancel (4,3)

**72** Make appear larger (7)

73 Punctually (6)74 Artist's workshop (6)75 Argue (6)

79 Bend over (5) 80 Finest (4) 81 Male deer (4)

82 Swain (4) 85 Donkey (3)







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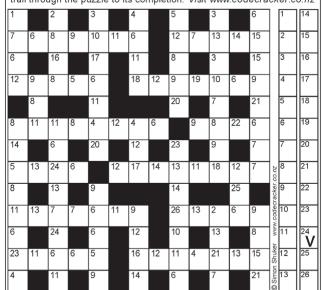
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# CODE-CRACKER Stra 78

EACH number in our Code-Cracker grid represents a different letter of the alphabet. For example, today 24 represents V, so fill in V every time the figure 24 appears. You have one letter in the control grid to start you off. Enter it in the appropriate squares in the main grid and solve the starter word. Fill in other squares in the main and control grids with the found letters and look for the next word. Follow the word trail through the puzzle to its completion. *Visit www.codecracker.co.nz* 



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

### Sudoku

	8		3	2		5		
				7		1		
	7			4	5	3		
			4				3	
4		1				8		2
	9				2			
		4	7	1			5	
		4 5		6				
		7		9	8		6	

Hard

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

# Previous solution 8 | 3 | 4 | 1 | 7 | 9 | 5 | 2 | 6 | 9 | 1 | 5 | 2 | 8 | 7 | 4 | 2 | 5 | 7 | 3 | 4 | 6 | 8 | 1 |

2 3 7 3 4 0 0 1 9 1 4 6 9 8 5 2 3 7 7 2 5 4 6 3 1 9 8 3 8 9 7 7 1 2 6 5 8 9 6 3 8 5 1 4 7 2 4 1 2 6 3 7 9 8 5 5 7 8 2 9 4 3 6 1

### Previous solution

1 W	$^{2}$ R	<sup>3</sup> E	<sup>4</sup> A	<sup>5</sup> T	<sup>6</sup> H	<sup>7</sup> S	<sup>8</sup> C	<sup>9</sup> M	10 X	11 Q	<sup>12</sup> O	13
14 D	<sup>15</sup> B	16 L	<sup>17</sup> Z	18 N	19 	<sup>20</sup> P	<sup>21</sup> K	<sup>22</sup> G	<sup>23</sup> V	<sup>24</sup> F	<sup>25</sup> J	26

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### **Previous crossword solution**

ACROSS: 1 Kitty, 4 Play gooseberry, 11 Class, 14 Loyal, 15 Resuscitate, 16 Scimitar, 19 Cabaret, 20 Agape, 21 Unsettled, 24 Artillery, 26 Rascal, 27 Ablaze, 31 Fatty, 32 Emphasis, 34 Screen test, 37 Tin, 39 Manacle, 40 Repair, 41 Oboist, 42 Long, 43 Vestige, 46 Paper money, 51 Sponsor, 55 Dirk, 56 Utters, 57 Lethal, 58 Harmony, 60 Era, 62 Alternates, 63 Pristine, 64 Unite, 67 Poncho, 68 Evolve, 69 Undecided, 74 Hibernate, 75 Heart, 76 Venison, 81 Arachnid, 82 Incinerator, 83 Jetty, 84 Sharp, 85 Storm in a teacup, 86 Slash. DOWN: 2 Isobar, 3 Tiara, 5 Leek, 6 Younger, 7 Occupy, 8 Sate, 9 Botanist, 10 Yachts, 11 Cummerbund, 12 Acts, 13 Strange, 17 Debit, 18 Melancholy, 22 Slump, 23 Ravenous, 25 Retract, 26 Rostrum, 28 Facade, 29 Escape, 30 Census, 33 Hyena, 35 Tiger, 36 Plug, 38 Noon, 43 Vodka, 44 Scrutiny, 45 Extras, Preserving, 47 Pose, 48 Relapse, 49 Outfit, 50 Exact, 52 Plan, 53 Nominee, 54 Ornate, 59 Archbishop, 61 Onset, 65 Platinum, 66 Vixen, 67 Perhaps, 70 Nirvana, 71 Merits, 72 Reject, 73 Foetus, 77 Ideal, 78 Saga, 79 Sign, 80 Tofu.

### 5x5



Insert the missing letters to complete ten words — five across the grid and five down. More than one solution may be possible.

R A T E D A L I V E N O D E S T H A N K S A L T S

Previous solution

# Bridge club results UCOL celebrates exceptional high school learners

Whanganui Bridge Club - Bridge Results Week

Monday Ladder: N/S: 1. A Sutherland, J Smith 62.50 2. D Pech S Brotherston 59.13 3. R Collins, G Wood 54.57 **4**. G Pickett, G Keelty 53.13 **E/W**:1. J Glenn, A Tims 56.49 **2**. R Rawson, R Bartrum 52.88 3. E Topfer, I Newbold 52.40 4. S Benefield B Annear 52.16 Winner of 6 weeks of Ladder: Noeline Kennedy

Tuesday Spring Pairs: N/S: 1. A Thirtle, S Baron 56.05 2. K Verhoek, D Nightingale 55.61 3. J Newman, G Handley 54.92 **4**. C Pepperell G MacLachlan 53.73 **E/W**: **1**. N Kennedy N Bartrum 62.30 **2**. J Baker, T Watson 59.95 **3**. S Benefield, D Newman 53.99 4. M Meyrick, S Fonseka 51.50 Winners of Spring Pairs: Anita Thirtle and Steve Baron

Wednesday Spring Pairs: N/S: 1. M Ruby, L Eyles 64.20 2. A Hodges R Bowie 62.20 3. L Raine, B Charteris 53.70 E/W: 1. M Hicks M Ewing 58.20 2. A Williams, J Gillespie 5.30 3. B Evans, G Mooney 56.50 Winners of Spring Pairs: Anya Hodges and Karen Rainey

Wednesday Social: N/S: 1. S Pedley, C Harding 60.00 2. J Firmin-Jones, J Donkervoort 59.00 3. S Benefield, C Pepperell 55.00 E/W: 1. A Thirtle, J Newman 62.50 2. S Poff N Gale 54.00 3. I Newbold J Dodds 52.50

Friday Social: N/S: 1. R Purdy, C Pepperell 59.30 2. B Evans, L Vodanovich 55.46 3. I Back, B Jones 4. S Cvitanovich, L McLay 54.79 5. M Wyley, J Wagstaff 6. J Glenn, B Annear 52.28 E/W: 1. C Veltman, C Killington 60.71 **2.** J Newman, J Firmin-Jones 58.16 **3.** J Dodds, J Holt 56.60 **4.** J Delaney, R Story 51.68 **5.** S Pedley, S Brotherston 50.83 **6.** S Poff, A Thirtle 50.68

The U-Skills Academy Awards are in full swing, recognising the dedication and skill development of high school akonga (learners) across UCOL | Te Pūkenga campuses

Over the last week. awards ceremonies have taken place in Whanganui, Manawatū, and Horowhenua, with Wairarapa eagerly ready to honour exceptional students on Monday, 30 October.

Havden Robinson. UCOL's Director of Secondary Tertiary, says that the awards, which take place each year, are a great opportunity to recognise the success of ākonga.

"The whole idea behind it is to celebrate the achievements of our ākonga doing something awesome outside of school. It's a big commitment to juggle school-work with their U-Skills Academy placements, but our ākonga have shown real dedication to their courses and studies.

The U-Skills Academy Awards bring together ākonga, their whānau, school principals and deputy principals, career advisors, and Ministry of Education representatives to acknowledge the achievements of these talented young rangatahi.

All students who par-ticipate in U-Skills are acknowledged with a certificate of attendance, plus there are three additional awards for the most dedicated, most improved, and most outstanding ākonga for each campus.

"We've seen lots of ākonga get nominated for their mahi this year, which is exciting! If they win, they get a UCOL goodie bag and a cash voucher to celebrate their achievement."

So far, the winners of the awards are; Whanganui

Improvement Award -Zavian May-Green **Dedication Award** Madison McGrath

**Outstanding Student** Award - Coral Poynter

Whanganui High School ākonga Coral Poynter says it felt extremely humbling to be recog-nised as the 'Most Outstanding Student' and she looks forward to continuing her studies at UCOL.

The learning is a step above what I have been learning at high school. My lecturer is great at communicating and is always there to help with questions when I need it.

"I'm coming back to UCOL next year to do the U-Skills Business Course Level 3. I'm excited to have found a path that I want to continue when I

finish high school!"

The U-Skills programme is fully funded through the National Trades Academy. The programme offers year 11-13 ākonga from 55 schools across the Lower North Island the opportunity to study tertiary education while still at school, says Mr Robinson.

"They get to develop practical skills and get a taste of potential careers, from mechanics and conservation to hairdressing, vet nursing, and early childhood education.

"Our aim is to provide ākonga with real-life industry experience, which hopefully helps them find a career they're passion-ate about."

U-Skills applications are now open for 2024.

"If you're interested in enrolling in U-Skills, contact your careers advisor at school or explore the options on our website. The U-Skills programme is a great opportunity for you to get valuable career experience as well as credits to put towards your NCEA school qualification.'

To explore UCOL's U-Skills course offerings, visit https://www.ucol. ac.nz/Documents/U-Skills%20Programme%20 Guide.pdf



Outstanding Student award winner Coral Poynter with Hayden Robinson, UCOL's Director of Secondary Tertiary

# DEMPSEY **FORREST**



Arrange a visit today and meet our friendly team We are here to help you in your time of need. 208 Guyton St Phone 06 349 0202 any time www.dempseyandforrest.co.nz

# IN THE COMMUNITY

**Alcoholics Anonymous** 

Phone 0800 229 6757. If you have a drinking problem maybe we can help. AA Wanganui area meeting list: Sunday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 9am; Monday, Friendship Hall, Morris Street, Marton, 7.30pm; Tuesday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 12.30pm; Wednesday, St Luke's Church Hall, 34 Manuka Street, Castlecliff, 7.30pm; Thursday, St Johns Lutheran Church Hall, 51 Liverpool Street, Wanganui, 7.30pm; Al-Anon (family support) Friday, Gonville Library meeting room, 12.30pm. Ph 0508

### **Back to Tennis for Adults**

If you haven't played tennis for a while or have always wanted to give it a go! Free lessons for the month of November. 2pm each Saturday at the Whanganui Tennis Club. Registrations necessary, just email or txt us. whanganuitennis-club.co.nz or text 0274 876053

### **Disco - Scout Jamboree Fundraiser**

Scout Hall Swiss Ave, Gonville. Friday 27 October, ages 3-7, 4pm - 5pm. Ages 8-10, 5.30pm - 6.30pm. Ages 11 -15, 7pm - 8pm. Entry \$2. Goodies for sale. Txt Debbie 020 4176 3696 for more

### **Do You Have Questions About the Bible?**

Come and join us at the Christadelphian Hall on Tuesday night at 7:30pm for Bible-based discussion and a cup of tea. All are most welcome. 138 Great North Road. Email: wanganui.ecclesia@outlook.co.nz / www.thisisvourbible.com

### Jigsaw Exchange

Next meeting Saturday 28th October, held at Central Baptist Church between 10am and 11.30am. Contact Jack @ 343 1404 or 021 0277 5391 or email rega21@xtra.co.nz.

### Porridge Watson -What's On This Week

Word Soup' Poetry night, Thursday, 7pm. Saturday, Halloween Full Moon Drumming, from 8pm. Sunday, Annie's Jam Band from 3pm. Monday, Open Mic Comedy starting at 7.30pm + Taco Monday, \$2 for \$5.00. Entry to ALL events is FREE.

### Schola Sacra Choir

performs Stainer's *The Crucifixion* and Maunders *Olivet to Calvary* conducted by Iain Tetley with Roy Tankersley on organ. Soloists Nigel Tongs and Chalium Poppy. 2.30pm Saturday, 28 October 2023 in Christ Church, 243 Wicksteed St. Tickets \$25 adults, \$20 seniors, U-18 free, tickets from the Opera House or at the door.

### St John Hospital Book Sale

27 October 10am-6pm. One day only. All books half price. 25 Tawa Street, Gonville.

### Theosophy Whanganui Public Meeting Usually held 2nd Sunday Monthly.

Where: Community Arts Centre, back river entrance in the Awa Room. When: 2pm What: Presentation with respectful discussion and communication. Purpose: No dogma, 'Do no harm', explore ancient wisdom to develop self with the universe. Email: theosophywhanganui@gmail.com

### The Whanganui Community Choir's Concert **Together Hand in Hand**"

is on 25th November at Central Baptist Church, cnr Dublin & Wicksteed Streets at 2pm, followed by afternoon tea. Musical Director - Caleb Arthur; Adults \$20.00, Seniors \$15.00, Students \$10.00. Children under 12 Free. Family Ticket \$50.00 (2 adults and 2 students over 12) Tickets available from choir members or at the door, or contact: Edwyna 344 7974 / 027 360 1335.

### Wanganui Music Society Vocal & Instrumental recital

Sunday 29th October at 2pm, St Paul's Hall, Cooks St, Wanganui. Afternoon tea to follow, all welcome. \$5 entry at the door for non-members.

### Wanganui Spiritual & **Awareness Centre**

Meetings 7pm Sundays, Quaker Meeting Rooms, 256 Wicksteed St. Local or visiting speakers or mediums sharing their spiritual gifts. Join our healing circle, take a raffle, stay for supper and chat. Everyone is welcome. Koha appreciated. See our Facebook page for details. Ph: 027-697-6308.

# River City Press

Positive news stories welcomed Email: rivercitypress@xtra.co.nz

### What's On in the Community Notices

What's On in the Community notices are \$10 for up to 50 words. Contact River City Press, 52 Ingestre Street, Whanganui, by Tuesday 1pm to place your advertisement.

# Recent Bereavements

Sadly passed away recently...

Joyce Rose CUMMINGS, on 22 October 2023, aged 86 years.

Edward John J.P. (Ted) DOWNING, on 10 October 2023, aged 86 years.

Kathleen Marie KEENAN, on 20 October 2023, aged 78 years.

Cornelis MALIPAARD,

on 19 October 2023, aged 90 years.

Nola Doreen SIM,

on 16 October 2023, aged 95 years.

Rex Bayard TITTER,

on 20 October 2023, aged 78 years.

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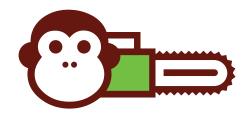
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### FOR SALE

BLINDS - Roller & Venetians to order. Free measure and quote. Strath Davis Furniture & Flooring, Ph (06) 345-0883. **NEW** books available at River City Press, 52 Ingestre St. "From the Sea to the Mountain"; "Whimsical Tales of Old Wanganui"; "More Whimsical Tales of Old Wanganui"; "My

Life - Annasophia".

NEW Season's Buxus box hedging Plants 10 for \$50.00, Good range of Native plant revegetation stock, \$6.00 each Side dress your Polyanthus and Primulas with Dried Blood only \$8.00 per kilogram. Parnells Ouality Tree and Shrub Nursery. 102 Fox Road Wanganui, Phone 344-6645 Established 1895

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### **PUBLIC NOTICES**

### **SECTION 101 SALE AND SUPPLY OF ALCOHOL ACT** 2012

Bains Limited, 1 Polson Street, Whanganui has made an application to the District Licensing Committee at Whanganui for a renewal of an On Licence in respect to the premises situated at 1 Polson Street, Whanganui and known as Castlecliff Hotel.

The general nature of the business conducted under the licence is a Hotel.

The days on which and the hours during which alcohol is sold under the licence are Monday to Sunday, 9.00am to 2.00am the following dav.

The application may be inspected during ordinary office hours at the office of the Whanganui District Licensing Committee at 101 Guyton Street, Whanganui.

Any person who is entitled to object and who wishes to object to the issue of the licence may, not later than 25 working days after the first date of the publication of this notice, file a notice in writ-ing of the objection with the Secretary of the District Licensing Committee at DLCadministration@whanganui.govt.nz.

No objection to the issue of a license may be made in relation to a matter other than a matter specified in section 131 of the Sale and Supply of Alcohol Act 2012.

This is the second publication of this notice.

The first notice was published on October 19, 2023.

### **SECTION 101** SALE AND SUPPLY OF ALCOHOL ACT 2012

The Burrow Cellars, 49 Taupo Quay, Whanganui has made an application to the District Licensing Committee Whanganui for the issue of an On Licence in respect to the premises situated at 49 Taupo Quay, Whanganui and known as The Burrow Cellars.

The general nature of the business to be conducted under the licence is a wine bar.

The days on which and the hours during which alcohol is intended to be sold under the licence are Monday to Sunday, 12.00pm noon to 12.00am midnight.

The application may be inspected during ordinary office hours at the office of the Whanganui District Licensing Committee at 101 Guyton Street, Whanganui.

Any person who is entitled to object and who wishes to object to the issue of the licence may, not later than 25 working days after the first date of the publi-cation of this notice, file a notice in writing of the objection with the Secretary of the District Licensing Committee at DLCadministration@whanganui.govt.nz.

No objection to the issue of a license may be made in relation to a matter other than a matter specified in section 105(1) of the Sale and Supply of Alcohol Act 2012.

This is the second publication of this notice.

The first notice was published on October 19, 2023.







Nominate someone you think is deserving of our **Bouquet of the** Week!

Email or facebook message us with your nomination and reason why they deserve to win! email: rivercitypress@xtra.co.nz



### **PUBLIC NOTICES / ENTERTAINMENT**





### **PUBLIC NOTICES**

TUNE into City Magic 106.9FM from Saturday. Radio Countdowns, Radio Serials, Sunday's 8am Woman to Woman. 12pm Dick Clark Segments on sport's negotiation, music documentaries. American Top 40s. Feedback 021 216 0886

### **WANTED TO BUY**

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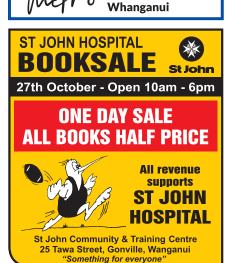
### **SITUATIONS VACANT**

GET paid to exercise! Pam-phlet Distribution require reliable runners to deliver RCP and brochures each week. Phone Bubs on 343-2010 or 027-218-2010.

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### **BOX OFFICE**



### **ROYAL WHANGANUI OPERA HOUSE** Ph. 06 349 0511

Online bookings www.whanaanuivenues.co.nz Hours: Monday to Friday 10am - 1.30pm

Booking / service fees apply to all ticket sales

### QUEEN: IT'S A KINDA MAGIC

Friday 27 October 8pm Adult \$70.45 Groups 6+ \$65.45 Senior \$63.70 Child to 12yrs \$44.80

SCHOLA SACRA CHOIR GOD SO LOVED THE WORLD Saturday 28 October 2.30pm Christ Church Adult \$26 Senior \$21 U18s free

### HARMONIC RESONATORS - RONGO KI TE ORO TOUR

Friday 3 November 7pm Concert Chamber WMC Tickets \$58

### Sharyn Underwood School of Dance THE MAGIC IS CALLING

Saturday 4 & Sunday 5 November 5pm Adult \$19 Senior / Student \$16

### ELTON JOHN vs BILLY JOEL NZ tribute Sunday 12 November 7.30pm

A & B reserves: Adult \$72.60 - \$57.60 Senior \$62.60-\$47 Student/Child \$57.60-\$42

### **BILL BAILEY - THOUGHTIFIER**

Tuesday 14 November 8pm Premium \$99.90 A Reserve \$89.90

### THE SWEET CAROLINE TOUR - tribute to Neil Diamond

Saturday 18 November 8pm Adult \$70.45 Senior \$64.05 Group 6+ \$55.45ea Child to 12yrs \$44.80

### 2024

### WHANGANUI OPERA WEEK

Aotearoa NZOS Recital - Wednesday 10 January 1pm
Whanganui Museum Tickets \$25 Student \$15 In Praise of Music Oratorio - Sunday 14 Jan 11.30am Collegiate Chapel - Tickets \$20 Student \$10 Public Masterclass - Monday 15 Jan 7.30pm PEA Collegiate School Tickets \$25 Student \$15 Great Opera Moments - Saturday 20 Jan 7.30pm Opera House Tickets \$50 Student \$40 Package deal for all 4 events \$110 - limited

### RUSSELL HOWARD

Monday 5 February 8pm Tickets \$89.90

### MICHAEL JACKSON HISTORY SHOW

Tuesday 20 February 8pm Adult \$74.45 Group 6+ \$69.45 Senior \$67.65 Child to 13yrs \$44.80

### THE BEACH BOYS EXPERIENCE

Sunday 2 June 7.30pm Adult \$71.60 Senior/Student \$66.60 Group 6+ \$61.60 Child to 17yrs \$51

MAGIC MEN AUSTRALIA Saturday 13 July 7.30pm A Res \$101.60 B Res \$81.60 C Res \$61.60 D Res \$41.00

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### **FIREWOOD FOR SALE**

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fessional, efficient and exeperienced. No job is too small. Reference available. Call or text 022-035-0175.

RIVER CITY PRESS, THURSDAY, OCTOBER 26, 2023 - 25

# 500 students compete in Mathex competition





Wednesday 18 October saw almost 500 children cram into the Whanganui Intermediate school hall armed with pens, calculators and their mathematical knowledge. Children compete in four levels from Year 5 to Year 8 working in teams of four at each level to answer twenty questions in thirty minutes.

They need to answer correctly or pass on a question in order to receive the next one. If they finish all questions correctly within the allocated time they "stop the clock" which means all teams stop at that point. This year only one team stopped the clock just before the thirty minutes was up!

Each year a new set of questions are compiled by a group of teachers, then typed up before being checked and moderated. The Mathex committee, which is comprised of teachers and ex-teachers, would like to thank Whanganui Intermediate for the use of the school hall and facilities and also the teachers who acted as markers for the competition. Roll on 2024!

### Results as follows:

Year 5 1st with 13 correct St Johns Hill 1 (Sophie Bennetts, Nico Kenny, Annabelle Stoop, Thara Goh Ramesh); 2nd equal with 10 Upokongaro (Alexander Cameron, Chrylah Peneha-Patea, Rhylee Topia, Iya Hutchinson) and Brunswick (Dean Cable, Jake Lim); 3rd with 9 Kaitoke School (Tanner Maason, Regan Drover, Mckenzie Rhodes, Isobel Cobb)

Year 6 1st with 20 correct in 29 minutes 56 seconds Durie Hill (Verti Lebo, Freddie Johnston, Ford Teal, Riley Hook); 2nd equal with 19 Westmere (Amelia Campbell, Ben Tetzlaff, Casey Sharratt, Mila Russell) and St George's 1 (Alex Por Jones, Emma Ding, Ethan Chen, Alexandra Manry); 3rd with 18 St Johns Hill 1 (Theodore Varga, Zachary Elliott, Sam Watt, Micah Chiet)

Year 7 1st with St George's 1 (Eshton Huang, Hadleigh Smith, Conrad Smith, Keane Joseph); 2nd with 15 St George's 2 (Julie Stoop, Margaux Orum, Amy Manu, Lydia Kong); 3rd equal with 11 St Georges 4 (Zach Newton, Toran Drover, Samuel McLivet, Nathan Cook) and Whanganui Intermediate 1 (Campbell Wilkins, Jake Buxton, Tim Smith, Nate Ward-Collins)

Year 8 1st with 18 Huntley (Sophie Cranstone, Lucas Hoyt-Plank, Archie Edwards, Ollie Halewood); 2nd equal with 17 Westmere (Phoenix Campbell, Owen Bunn, Charlie McBride, Sean Frieslaar) and Whanganui Intermediate 4 (Bruce McGregor, Leodin Joblin-Mills, Olivia Jackson, Jada Jukes); 3rd with 14 St George's 1 (Adam Ding, Vera Havath, Jacob Huang, Olivia Dickie)



# **World Stroke Day**

October 29

# One in four adults will experience a stroke in their lifetime

AT ANY SIGN OF STROKE

CALL 111 🕞

World Stroke Day is an annual event that takes place on October 29th. It aims to raise awareness about stroke, a condition that affects the blood supply to the brain and can cause disability or death.

Over 12 million people worldwide will have their first stroke this year, and 6.5 million will die as a result. Over 110 million people in the world have experienced stroke. The incidence of stroke increases significantly with age; however over 60% of strokes happen to people under the age of 70 and 16% happen to those under the age of 50.

One in four adults will experience a stroke in their lifetime, but many strokes can be prevented or treated if the risk factors and signs are known. The signs of stroke can be remembered by the acronym BE FAST,

which stands for balance, eyes, face, arms, speech, and time.

This year's World Stroke Day campaign is called "Together we are #GreaterThan Stroke' and aims to encourage people to understand stroke risk factors. 90% of strokes could be prevented by addressing a small number of risk factors, including high blood pressure (hypertension), irregular heartbeat

(atrial fibrillation), smoking, diet and exercise.

The campaign also promotes healthy living and ways to recognize the warning signs of stroke and how to take action.

For survivors of a stroke the impact can be devastating, affecting physical mobility, eating, speech and language, emotions and thought processes. These complex needs can result in care and financial challenges for the individual and for their caregivers, as well as placing significant demands on health and social welfare provision.

There are two main types of strokes - Ischemic strokes and Haemorrhagic strokes.

Ischemic strokes occur as a result of an obstruction in a blood vessel supplying blood to the brain. This can cause a blood clot to form, that is a cerebral thrombosis. The main cause of cerebral thromboses is fatty deposits in blood vessels and arteries.

Sometimes a portion of a blood clot breaks loose. enters the bloodstream

and travels through the brain's blood vessels until it reaches vessels too small to let it pass. This is called a cerebral embolism. The main cause of this kind of clot is an irregular heartbeat, known as atrial fibrillation (AF).

happen when a weakened blood vessel rup-tures and bleeds into the brain. The blood builds up and creates pressure on the surrounding brain tissue. These bleeds can be caused by an aneurysm or an arteriovenous malformation



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26 - RIVER CITY PRESS, THURSDAY, OCTOBER 26, 2023



# **World Stroke Day**

# **October**

### Preventing a stroke

vent stroke? Age makes us more susceptible to having a stroke, as does having a mother, father, or other close relative who has had a stroke.

You can't reverse the years or change your family history, but there are many other stroke risk factors that you can control provided that you're aware

1. Lower blood pressure High blood pressure is a huge factor, doubling or even quadrupling your stroke risk if it is not controlled. Monitoring blood pressure and, if it is elevated, treating it, is prob-

vascular health. An ideal goal is maintaining a blood pressure of less than 120/80. For some, a less aggressive goal (such as no higher than 140/90) may be more appropriate.

ably the biggest difference

people can make to their

2. Lose weight

Obesity, as well as the complications linked to it (including high blood pressure and diabetes), raises your odds of having a stroke. If you're over-weight, losing as little as 10 pounds can have a real impact on your stroke risk.

3. Exercise more

Exercise contributes to

What can you do to pre- losing weight and lowering blood pressure, but it also stands on its own as an independent stroke reducer.

### 4. If you drink — do it in moderation

Drinking a little alcohol, such as an average of one per day, is okay. Once you start drinking more than two drinks per day, your risk goes up very sharply.

### 5. Treat atrial fibrillation

Atrial fibrillation is a form of irregular heartbeat that causes clots to form in the heart. Those clots can then travel to the brain, producing a stroke. Atrial fibrillation carries almost a fivefold risk of stroke and should be taken seriously.

### 6. Treat diabetes

Having high blood sugar damages blood vessels over time, making clots more likely to form inside them. Your goal would be to keep your blood sugar under con-

### 7. Quit smoking

Smoking accelerates clot formation in a couple of different ways. It thickens your blood, and it increases the amount of plaque buildup in the arteries. Along with a healthy diet and regular exercise, smoking cessation is one of the most powerful lifestyle changes that will help you reduce your stroke risk significantly.

# Mobility Equipment Wanganui now the only local supplier

Graeme Rosewarne set up Mobility Equipment Wanganui 10 years ago and recently took over the parts equipment stock of Joe Lett, including the phone number. He also has the right to use Joe's slogan – "Think Mobility." Graeme com-ments – "They have been exceptional. Great to deal

The arrangement does not include mobility scooters as Graeme has  $two\ suppliers-Merits\\ and\ AMW-plus\ parts$ for a wide range of other brands.

Graeme has his base at his home and goes not only to the Whanganui Saturday Market but also and Marton. Last year, he was at the Palmerston North Home Show and says, "There were so many people who had no idea about the variety of mobility equipment avail-

He is happy to do house calls bringing different items with him, including

mobility scooters or servicing scooters. He says, "I understand why people want to see if the scooter can go up their drive, out their gate and off down their road. I am more than happy to demonstrate how they work."

It helps that Graeme has a background in both the caring/hospital sectors (he worked as an enrolled nurse for ten years) and has had 30 years involvement in the parts trade. He is able to service everything he sells.

### Mobility Equipment Wanganui **Mobility Scooters**

Locally owned and operated



Local sales, service, repair & rental

- Powerchairs
   Ramps
- Wheelchairs
   Walkers

Stockists of Goldfern Mobility equipment

Call Graeme 06 347 6927 or 021 119 5118 graemekt1@gmail.com





Graeme sitting on a mobility scooter next to his large trailer.

### **TO ORDER**

Email: grazeoutcaterers@xtra.co.nz Call: (06) 327 4035 Call / text: 027 292 7753

### **Order Days**

- Friday for Tuesday delivery Wednesday for Friday delivery
- To order Ph (06) 327 4035 or

text 027 292 7753 or email grazeoutcaterers@xtra.co.nz EFTPOS available.

All orders to be placed by 3pm on the relevant order day (orders can be placed earlier)

### **Delivery Days**

Delivery Days are as follows;

- Tuesday
- Friday

All payments can be made by either cash, eftpos or internet banking. Please contact us if you would like our banking details

> There is a surcharge for all PayWave and credit card transactions

- Fruit crumble & custard
- Self saucing chocolate pudding

Ask us about our Refer-a-friend Deal!

### Value Meals \$14.50

XL Meals \$17.00 Desserts \$7.00

### Week 1

- 6 12 November
- 4 10 December
  - 1 7 January

- 1. Roast beef with gravy
- 2. Chicken with citrus sherry sauce
- 3.5 spice pork with noodles
- 4. Crumbed fish & tartare
- 5. Bacon-wrapped sausages
- 6. Beef pastry

- 11 17 December

### 8 - 14 January

1. Roast chicken with gravy

- 2. Corned beef with mustard
- 3. Beef roulade
- 4. Honey garlic pork with
- 5. Classic fish cake
- 6. Macaroni cheese

### 23 - 29 October

### 15 - 21 January

- 2. Crumbed beef schnitzel
- 3. Hawaiian chicken
- sauce
- sauce
- 6. Sweet & sour pork

### **Dessert Menu**

- Rhubarb & apple pie
- Lemon sponge
- Cheesecake

### Week 2 Week 3 Week 4

### 13 - 19 November

### 20 - 26 November

- 18 24 December

- 1. Roast pork with gravy
- 4. Battered fish & tartare
- 5. Swiss roll with plum

30 Oct - 5 November

27 Nov - 3 December

25 - 31 December

22 - 28 January

### 1. Roast lamb with gravy

- 2. Chicken katsu
- 3. Italian spaghetti & meatballs
- 4. Pickled pork & mustard sauce
- 5. Baked fish with lemon pepper sauce
- 6. Curried sausages

Due to extreme shortages and unavailability of Hoki fish, we have had to limit our choices of fish. Currently battered and crumbed fish are readily available so we have chosen to have both on the menu this cycle. All meals are delivered fresh, not frozen and are served with potatoes & vegetables from locally sourced suppliers

# Property Brokers Brokers

# Anthony 15 15 & Leighton







### Durie Hill 8 West Way





Spectacular transformation

blends modern luxury with timeless charm.

Prepare to be amazed by the incredible makeover at 8 West Way!

has been carefully considered to create a home that seamlessly

As you step inside, you'll be greeted by a sense of freshness and

sophistication. The new roof, along with full interior and exterior

decoration, has breathed new life into this home, making it a true

of exquisite. Entertain friends and family in your spacious kitchen-

This property has undergone a complete transformation, every detail

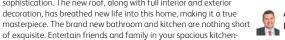




**≔** 3 **=** 1 **=** 2



For Sale Buyers \$559,000+ View Sun 29 Oct 11.00 - 11.30am Web pb.co.nz/WGU170012



Anthony Floyd **M** 021 477 435



Leighton Toy **M** 027 415 1515

### College Estate 113 Purnell Street









### Comfy in College Estate

Situated close to several schools and town, 113 Purnell Street is a delightful property that is the perfect opportunity for families and first-time buyers alike. Step into a world of comfort and simplicity with this tidy three bedroom home. The property is elevated so you will enjoy views across Whanganui from the generous and well positioned lounge. The interior and exterior are in good condition which reflects pride of ownership.

There is ample off-street parking and a generous double garage. College Estate suburb is renowned for its family-friendly atmosphere and proximity.

# **□** 3 **□** 1 **□** 1 **□** 2

For Sale Buyers \$419,000+ View Sun 29 Oct 10.00 - 10.30am Web pb.co.nz/WGU170781



Anthony Floyd **M** 021 477 435



Leighton Toy **M** 027 415 1515

### Gonville 184 Heads Road

dinina area.





Reap the rewards





i≕ 3 🖷 1 🖦 1 For Sale Buyers \$319,000+ View Sun 29 Oct 1.00 - 1.30pm Web pb.co.nz/WGU170825



Anthony Floyd M 021 477 435



### Aramoho 16 Spier Street









### Sparkling on Spier

Welcome to 16 Spier Street, where the perfect blend of comfort and  $\,$ style awaits you! This exquisite four bedroom property has undergone a complete transformation, both inside and out, resulting in a home that is ready to impress. The lounge is equipped with a heat pump and a wood burner, ensuring that you and your loved  $% \left\{ 1,2,\ldots ,n\right\}$ ones stay warm and comfortable during the chilly months. At the heart of the home is a brand-new kitchen and a fully renovated

Priced to sell at enquiries over \$449,000, this property offers incredible value for a modernised four bedroom home.

<u>⊸</u>1 🚐 1 For Sale Buyers \$449,000+ View By appointment Web pb.co.nz/WGU170365



M 027 415 1515

room to enhance the garden and outdoor living spaces.

opportunity to create comfortable living spaces.

Are you ready to embark on a captivating journey to restore and

hospital, 184 Heads Road is not just a house; it's a living piece of history ready for its new chapter. The home has good bones and just

requires a bit of TLC inside and out. The roof is in good condition,

The property sits on a sizable 625 m2 (approx) section, offering

and the house, being approximately 150 m2 (approx) offers you the

transform this beautiful 1920s home? Nestled conveniently near the